

2025

SCHOOL CANTEEN

Baulkham Hills High School

SUMMER MENU

SANDWICH BAR

Breads (G) White or Wholemeal

Cheese & Tomato	\$4.50 G
Curried Egg	\$5.00 G
Egg, lettuce & mayo	\$5.00 G
Ham, cheese & tomato	\$5.00 G
Creamy Chicken & lettuce	\$5.00 GH
Chicken Schnitzel, lettuce & mayo	\$5.00 GH
Salad	\$5.00 G

(Beetroot, lettuce, carrot, tomato & cucumber)

SUPER SALAD BOXES - GH

Greek	\$6.50
Tomato, Cucumber, Spanish onion, Pitted Olives, Greek Feta	
Garden Salad w/ Grilled Chicken	\$7.50
Tomato, Cucumber, Carrot, Beetroot, Lettuce & Chicken	
Italian Penne salad	\$6.50
Penne pasta, roasted eggplant, sun-dried tomato, shallots & feta cheese	

G – Green A – Amber H – Homemade

Halal Food choices are all Certified

TURKISH BREADS – G

Chicken Schnitzel - H	\$7.00
Chicken Schnitzel, rocket, roast capsicum & cheese	
HCT	\$6.50
Ham, tasty cheese & tomato	
Salmon	\$7.50
Smoked Salmon, Cream Cheese, Spanish onion	

EXTRAS

Avocado	\$1.00 G
Grilled Chicken	\$2.00 GH
Ham	\$1.00 G
Hummus	\$1.00 G
Boiled Egg	\$1.00 G
Spoon/Fork	\$0.10
Sauce Portions	\$0.50

TERM 1 & 4 - GH

Sushi (1)	\$5.00
Rice Paper Rolls (1)	\$5.50
Steamed Buns (2)	\$8.00

White Only

Rolls & Wraps	
Extra	\$1.50

Gluten Free Sliced

Extra	\$2.00
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Gluten Free Rolls

Extra	\$3.00
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www.melstastvbites.com

MEL'S TASTY BITES
HEALTHY CANTEEN
OPERATORS

HOT BAR - RECESS

Hot Cheese Roll	\$4.00 G
Hash Browns (2)	\$3.50 A
Bacon & Egg Roll	\$6.00 A
HCT Sourdough toastie	\$5.50 G
Scrambled Eggs, Hash Brown & Bacon Wrap	\$7.00 A

Selected Daily Specials

HOMEMADE HOT BAR

Lasagne	\$6.50 GH
Fettuccine Boscaiola	\$6.00 G
Dumplings & Sauce (5) Veg or Pork	\$8.00 G
Penne Bolognese	\$6.00 GH
Chicken Burrito	\$6.50 GH
Pumpkin Soup & Roll	\$6.00 G

EVERY DAY

HOMEMADE PIZZA – GH

Cheese	\$5.50
Ham & Cheese	\$5.50
Ham & Pineapple	\$5.50
BBQ Chicken	\$5.50
Vegetarian	\$5.50

WEEKLY MENU

MONDAY

Butter Chicken & Rice	\$6.00 GH
Wedges	\$6.50 A
(Sour cream & sweet Chilli)	
Big Beef Burger	\$6.50 GH
Fish Burger	\$6.00 G
Beef & Bean Nachos	\$7.00 GH
Cheeseburger	\$6.50 GH

TUESDAY

Sushi (2 Pk) Term 4 & 1 Only	\$7.00 G
Spaghetti Bolognese	\$6.00 GH
Grilled Chicken Burger	\$6.00 G
Peri Peri Burger	\$6.00 G
Chicken Kebab Wrap	\$6.50 GH
Beef Burrito	\$7.00 GH
6 Nuggets	\$5.00 AH
Chicken Kebab On Stick	\$4.00 GH

WEDNESDAY

Cheeseburger	\$6.50 GH
Chicken Schnitzel Roll	\$6.50 GH
Spring Roll – Vegetarian	\$4.00 G
Big Beef Burger	\$6.50 GH
Chicken Kebab Wrap	\$6.50 GH
Beef & Bean Nachos	\$7.00 GH
Hot Chips	\$5.00 A

THURSDAY

Peri Peri Burger	\$6.00 GH
Chicken Kebab Wrap	\$6.50 GH
Creamy Chicken Mushroom Pasta	\$6.00 GH
Nuggets (4) & Hot Chips	\$7.50 AH
Grilled Chicken Burger	\$6.00 GH
Chicken Schnitzel Roll	\$6.50 GH
Beef Burrito	\$7.00 GH
Cheeseburger	\$6.50 GH

FRIDAY

Gourmet Pies	\$5.00 A
Gourmet Sausage Roll	\$5.00 A
Fish & Chips	\$7.50 A
Calamari (3) & Chips or Salad	\$7.50 A
Fish Burger	\$6.00 G
Chicken Schnitzel Roll	\$6.50 GH

EVERY DAY

Noodle Cup	\$4.50 A
(Chicken, Beef, Mi Goreng)	
Chicken Fillet Burger	\$6.00 GH

2025

SCHOOL CANTEEN

BAULKHAM HILLS HIGH SCHOOL

Breakfast

Yoghurt & Muesli	\$5.50
Fruit Salad	\$6.50
Toasted Sandwiches	from \$5.50

Snacks

Chips	from \$3.50
Chocolate Bars	\$3.00
Choc Chip Cookies	\$4.00

LUNCH ORDERS MUST BE IN BY 9.00AM

DAILY SPECIALS

Please check board for Daily Specials



Mel's Tasty Bites

Healthy Canteen Operators & Catering Services

FROZEN TREATS

Streets Ice-cream	from	\$3.00 A
Peters Ice Cream	from	\$3.00 A
Vanilla Ice Cream Cup		\$2.50 A

DESSERTS

Mel's Toasted Banana Bread	\$3.50
Mel's Low Fat Muffins	\$4.00
Chocolate Mousse	\$4.50
Biscoff Cheesecake	\$4.50

DRINKS

Flavoured Milk 350ml	\$4.00
Ice Break	\$5.50
Spring Water	\$3.00
Flavoured Mineral Water	\$5.00
Juices	\$4.50
Iced Tea	\$5.00
Cans	\$3.00