

Baulkham Hills High Newsletter



www.baulkhamhillshighschool.com.au

*Lest
we
forget*



Cover: Lest we forget

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From the principal's desk:

We are now at the half way point for Term 4. The year is rapidly progressing. Today marks the final day of HSC examinations and the start of examinations for Years 7, 8 and 9. Reports were issued to Year 11 and Support students last Friday. Please check your child's bag if you have not yet received the report.

Special thanks to Mrs Barbara Arnold who has held the role of Presiding Officer for our HSC examinations for close to thirty years. Mrs Arnold is retiring today as the HSC finishes. She has also supervised the OC testing and Selective Schools testing. We wish her well in her retirement.

Year 10 will be asked today to make their final subject selections for senior study. Please discuss these selections with your child and ensure that they are choosing subjects which they will be happy to study for the next two years.



Calendar 2019

This calendar is subject to change so please check carefully each week for any alterations. A whole year calendar is on the school website at www.baulkhamhillshighschool.com.au

Term 4

Week 5
Monday 11 November - HSC Examinations 17/10 to 11/11 incl. - Y7/8/9 Yearly Examinations 11/11 to 15/11 incl.
Tuesday 12 November
Wednesday 13 November - New Students Y8-Y12 Orientation Day 9am to 10.30am
Thursday 14 November
Friday 15 November - Cadet AFX Camp 15/11 to 19/11 incl. (Iaconis)
Week 6
Monday 18 November - Cadet AFX Camp 15/11 to 19/11 (Iaconis)
Tuesday 19 November - Y12 Formal (Milne/Zhu)
Wednesday 20 November - Band Christmas Concert – Houlston (Panjan) - Support – Y6 into Y7 ½ day transition P1-5 (Simpson)
Thursday 21 November - Y11 Recognition Assembly - Y12 Physics prac exam P3-4, P5-6 (Chilwell) - Y12 English Ext 2 Seminar P7-8 (Egan) - Support – Y6 into Y7 full day transition P1-8 (Simpson)
Friday 22 November - Y9&Y10 & Support - Peer Support Training 3.30pm-7.30pm (Fletcher/Iaconis)
Saturday 23 October - Multicultural Food Fair 5-9pm
Week 7
Monday 25 November - Y11 Buffer Week 25/11 to 29/11 incl. - Y10 Minimum Standards Test P4-5 (Simmons) - Y9&11 HSC Geography Assessment Task #1 P5-6 (Filewood)
Tuesday 26 November - P&C General Meeting 7.30pm - Y7 Welfare Day
Wednesday 27 November - Y11 Business Studies HSC AT1 P1&2 (Reid) - Beginner Band recital (Band – Panjan)
Thursday 28 November
Friday 29 November - Y10 End of Year Celebration (Alex/Trkulja)
Saturday 30 November – Band Auditions TLC
Week 8
Monday 2 December - Y11 Assessment Week 2/12 to 6/12 incl.
Tuesday 3 December - Y7 2020 Orientation Day (Humphreys)
Wednesday 4 December
Thursday 5 December - Y10 Recognition Assembly
Friday 6 December - Y10 Reports Issued - Y9 End of Year Activities 3.30pm – 9pm (Dunne/Iaconis)
Week 9
Monday 9 December - Y12 Ex 1 English Film Viewing P3-6 (Srnica)
Tuesday 10 December - Y8 Recognition Assembly P1-2
Wednesday 11 December - Y8 Camp 11/12 to 13/12 (Mak/Chapman)
Thursday 12 December - Y9 Recognition Assembly - CAPA Showcase – doors open 6pm
Friday 13 December - Y7/8/9 Reports issued
Week 10
Monday 16 December - Y10 Camp 16/12 to 18/12 incl. - Y7 Recognition Assembly
Tuesday 17 December - HSC results released
Wednesday 18 December

Wednesday will see our new students entering Years 8 – 11 visit the school for their Orientation Day. Numerous students in these year groups will be asked to act as buddies for the new students to show them around the school and discuss their own experiences of being new to the school in previous years.

The prefects and cadets conducted a moving Remembrance Day ceremony today to recognise the 100th year since the first Remembrance Day following the end of World War One. At the 11th hour of the 11th day of the 11th month...

We will remember them.

Congratulations to:

- Lynne Jiang and Lior Yoffe who represented the school at the recent Crestwood Lions Youth of the Year public speaking competition
- David Chen of Year 9 who has been selected to attend the Mathematics School of Excellence in Melbourne in December

Jeanne Bathgate

Baulko News

VOLLEYBALL SCHOOLS CUP

On Friday, 8 November 2019, the last Volleyball Schools Cup was held at 2 different venues at Olympic Park. An enormous 100 teams competed. At Baulko, we only had 5 teams competing because of exams and seniors school work.

It was, however, quite a successful day. The Y9 Girls went through the day undefeated, gaining gold medals. The Y8 Girls also won gold, being undefeated all day too.

The Y9 Boys were a little disappointed after finishing 4th, though the competition was fairly strong. We also had 2 Y8 Boys teams playing, with the first team finishing in second position.

All in all, a very successful day for Baulko volleyball.

AUSTRALIAN SCHOOLS VOLLEYBALL CHAMPIONSHIPS

From Saturday, 7 December 2019 to Saturday, 14 December 2019 three of our teams will travel to the Gold Coast (QLD) to compete in the Australian Schools Championships. Over 500 teams from all over Australia are expected to compete. Baulko teams are the Y11 Girls, the Y10 Boys and the Y8 Girls.

Mr Drew



P & C News

Multicultural Food Fair: Cultural Costume Parade

Our students have an immensely varied background – being born in a range of countries including Australia, Bahrain, Bangladesh, Burma (Republic of the Union of Myanmar), Canada, the Cayman Islands, China, the Cook Islands, France, Hong Kong (SAR of China), India, Indonesia, Iran, Israel, Japan, the Republic of South Korea, Malaysia, Nepal, the Netherlands, New Zealand, Nigeria, Pakistan, the Philippines, Romania, Seychelles, Singapore, Slovenia, South Africa, Sri Lanka, Taiwan, Thailand, the United Arab Emirates, the United Kingdom, the United States of America, and Vietnam. (BHHS Newsletter 25 March 2019)

The Multicultural Food Fair is to celebrate the diversity of our wonderful school. Despite many of us being Australian citizens, we do have a variety of different cultures. The wearing of cultural clothing on the day is strongly encouraged. Any students who are wearing their traditional cultural costume on the day, please notify the P&C so we can organise a traditional costume parade to showcase the diverse background of our students. Please let us know at bhhspandc@hotmail.com.

Multicultural Food Fair: Performances

We are calling for volunteers and performances for the night. If any students want to showcase their talents on the night, please contact the P&C at bhhspandc@hotmail.com.

Multicultural Food Fair: Sponsorship and Donations

Donations update: **\$4470 as of 9 Nov 2019**. Thank you!

The P&C is looking for businesses to provide sponsorships for stalls and prizes on the day. We have already received requests from generous school parents and businesses to show their support with cash donations. We thank them for their generosity. Donations towards the MFF can be made to the school's P&C account:

Baulkham Hills High School P&C

BSB 032-170

Account Number 264371

Please put your name and the student's name and grade in the transaction information. We thank everyone who has already donated. All proceeds from the Multicultural Food Fair will go towards assisting the school in major infrastructure upgrades (ie: new science labs) as well as providing better facilities for our staff and students. All support will be acknowledged both on the day and in the school newsletter.



Volunteers Appreciation Morning Tea: 4 Dec (Wednesday) @ 11am in the library

The school is extremely lucky to have dedicated volunteers who take the time to help with various events, such as the Working Bee, Uniform Shop, English Study Day and the Graduation Morning Tea, to name a few. None of these could've been run successfully without our parent volunteers.

In order to thank our remarkable volunteers, the P&C, together with the school's senior executives, would like to invite them all to the **Volunteers Appreciation Morning Tea**. It will be held on **4 Dec, at 11am, in the library (please note the change in venue!)**.

In order to assist with planning and catering needs, please RSVP at the link below:
www.volunteersignup.org/RHCJY

This invitation is also extended to all Multicultural Food Fair helpers who are busy preparing their stalls at the moment. We hope to see many of our volunteers on the day! 😊

Sau Wan Liew
P&C President

Band News

Do you want to keep up with the latest information with Band activities? Make sure you follow our Facebook page at <https://www.facebook.com/Baulko-Band-and-Orchestra-100848740521209>

1. **Christmas Concert** on Wednesday, 20th November @ 6:30pm
2. **Multi-cultural Food Fair band performance** on Saturday, 23rd November
3. **Beginner Band Recital** on Wednesday, **27th November** from 6:30pm-7:30pm at TLC
4. **Band Auditions** will be held on Saturday, **30th November** from 10am-4pm. The conductors will be Steve Clark, Yvonne Brown and Luis Madrid.

SAVE THE DATE:

- **Beginner Band Recital** – Wednesday 27th November
- **Band Auditions** – 30th November

The Band Committee

AUDITIONS ON NOVEMBER 30TH

Audition Day is Saturday, 30 November - applications are now open for Junior band and Senior band members who wish to progress to the next level in band. If you wish to audition, you will need to complete an online form by 24 November. Request certain times only if absolutely necessary; we will do our best to accommodate you but cannot guarantee times as audition day is extremely busy. Auditions will be held in the TLC from 10am-4pm. Ensure you apply in time, no late applications can be processed.

[Senior Band 2020 Application form](#) - Senior band rehearsals are held on Fridays 7:20am

[Symphonic Wind Ensemble 2020 Application form](#) - Symphonic Wind Ensemble rehearsals are held on Mondays 7:20am

Audition information and requirements have already been emailed. If you have not received this, email the band on bhhsbandcom@gmail.com ASAP.

If you have not played before but would like to join the band program or were playing before and had discontinued please contact bhhsbandcom@gmail.com.



MULTICULTURAL PERFORMANCES

Please note the times of performances of the band

Baulkham Hills High School Multicultural Food Fair 2019 Program

6:00-6:15pm: School Orchestra

6:45-7:00pm: School Senior Band

7:30-7:45pm: School Stage Band

8:00-8:15pm: School Concert Band

Students will need to arrive no later than 30 mins prior to their performance time, meet in the TLC in full band uniform.

The Band Committee

CHRISTMAS CONCERT

The Baulko Band and Orchestra cordially invite all family, friends and the school community to attend our Annual festivities on Wednesday 20th Nov in the Houlston Centre. All bands and ensembles will be performing.

Free BBQ sausage sizzle from 4:45pm - 5:45pm. Concert starts at 6:30 pm. Please bring a plate to share (sweet or savoury) for supper intermission and bottle drink.

BEGINNER BAND RECITAL

Beginner Band Recital on Wednesday, 27th November from 6:30pm to 7:30pm at TLC.



CHRISTMAS CONCERT 2019



WEDNESDAY NOV 20TH

SAUSAGE SIZZLE 4.45-5.45PM

CONCERT STARTS AT 6:30PM

2019 Public Speaking At Baulkham Hills High

During the course of 2019, I was able to participate in numerous public speaking competitions throughout Sydney. *Legacy Public Speaking* was an Arts Unit competition held in late August which promoted topics relating to the ideals of voluntary service, social justice, caring, personal effort, personal sacrifice and/or mateship. I spoke about *Breaking The Glass Ceiling* in relation to the empowerment of women and girls in the workforce and political/social spheres. I was fortunate to win the Sydney West Final and proceed to the Regional Final held in Lewisham Arts Unit Auditorium where I was placed 1st in the impromptu section.



I also attended *Rostrum Public Speaking* alongside Munira Ahmed where I achieved Runner Up. Rostrum provided 5 topics, in which I selected 'Generous Stranger' and spoke about a younger sibling.



The 3rd competition I took part in was *Soroptimist Public Speaking Competition* which was also held in late August, where we had to speak about feminism through the lens of their motto "Think Equal, Build Smart, Innovate for Change". I secured 3rd place in my category alongside receiving prize money, courtesy of Soroptimist International (A global Voice for Women). I would definitely encourage students to participate in these oratory competitions to improve their public speaking skills. These competitions provide you with a constructive platform to speak about topics and issues you are passionate about.



Meera Barani (Year 9)

2019 Public Speaking At Baulkham Hills High (cont.)

I've been fortunate enough to be involved in several public speaking competitions throughout the year. *Speaking 4 the Planet* was a competition held near the start of the year by the Hills Shire Council to promote topics relating to environmental awareness and allows students to propose solutions to current environmental issues; with several students across grades participating in it. These solutions could be performed through a prepared speech, impromptu speech, written piece or drama, and I came first in the impromptu section.



The Soroptimist Public Speaking Competition was held in the middle of the year and allowed students to come forth with opinions on set topics through a feminist lens. The competition gave each speaker the chance to get feedback on their piece from talented judges and important members of the local community, and I fortunately won my section.

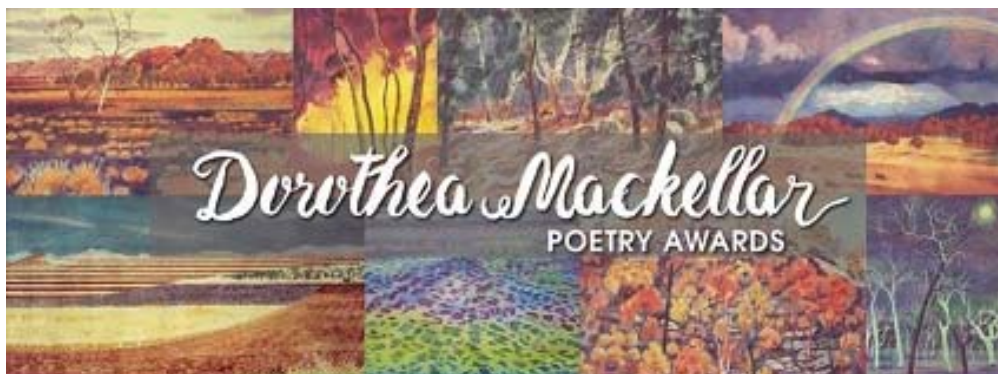


Voices in Bloom took place as a part of the Orange Blossom Festival -- allowing students to get feedback from Toastmasters, and I became a finalist; placing third overall. I highly recommend all these competitions for students in the coming year, as they give you a chance to practise your oratory skills and gain feedback in a positive environment.

Munira Tabassum Ahmed (Year 9)



Dorothea Mackellar Poetry Awards



Janiru Liyanage in Year 9 was recently awarded the Junior Secondary Winner for the Dorothea Mackellar Poetry award – a national prestigious poetry competition. This is his article about attending the Awards Ceremony in Gunnedah, NSW.

On the 5th and 6th of September, I was flown out to Gunnedah for the poetry award ceremony for the Dorothea Mackellar Poetry Awards - a small(ish) rural town in New South Wales. Much of it was just an expanse of dry earth and a stretch of sky so large - it was nothing like I'd seen before. We arrived there, my mother already nauseous, but our luggage had been misplaced on the flight there. This was countered by everyone at Gunnedah who was so kind and happy to see us there. We had a small meal at the airport with the senior winner and her mum. Afterwards, we had to drive a good 45 minute bus ride to the motel where we were staying. We briefly put our bags down, then off we went again for a tour of the area.

The town was a ruddy brown and suffering from the drought - still, the guide made the most of it and found pockets of riches in Gunnedah. We scaled to the top of a lookout, and took it all in, as the sun softly nudged into the horizon. By then, it was time for dinner. We returned to the art gallery for dinner - everyone was dressed in formal attire (except us, because we still didn't have the rest of our luggage). My dad quickly started talking with almost everyone, and then when the food was served, he was more excited. (I was too - I guess I get it from him). We ate for a while, and then we finally got a phone call that our lost luggage had been found! It would be sent to our motel that night. After it all, we drove back into the motel, found our luggage waiting there, and then, being exhausted, we collapsed on our beds and slept.

The next day, we were up early. Everyone was already having breakfast, but I was too excited and nervous to eat anything. Soon, we drove to the civic centre for the reading. We found our seats, and I anxiously waited as the guest speaker, Gabriel Chan, finished her speech, and people read the poems. My palms sweated. And then they called out the high school winners. I went to the stage, sat and waited until the judge called out my name. She complimented my poem and gave such a delightful preamble. Finally, I read my poem - I made the dynamics clear and all.

I didn't know the reaction to my poem - just heard applause, took the photo and went to sit. After, I mingled with the people, and so many of them told me how they cried at my poem, and I felt so proud and grateful for this opportunity. I got people's business cards, including Gabriel Chan, who told me to reach out to her if I needed anything. We went to the memorial centre, where we took multiple photos, had a light brunch and then finally, it was all over. We got onto the bus with the judges and rode back to the airport. Then we said our goodbyes - the judge wished me luck, gave me words of advice, as I assume any writer would, but I was very much grateful to hear it. We boarded the plane, flew back to Sydney, feeling surreal.



Award Winners: Janiru (far right)

This is Janiru's award winning poem

Can You Speak Sinhala?

There are nights when the brightest star
looks a ripped hole in the middle of that
sheet of black

behind the vast canvas of night,
is a roar of orgasmic light -
something angelic perhaps,

that maybe has a form,
maybe doesn't;

regardless, I'll look at the pinprick,
that fleck of
white,
and believe,
and *believe*,
that's all I can do right now

then, that star light travels millions
of miles to perish in the back of my eye -

I used to believe that my father was so powerful,
that his nightgown beckoned the night into being,
his umbrella uttered the rain from the sky

I've been so careless with everything I've said,
ushering all my words into the basement

Subha ratriyak
Good night

Taru
Stars

Can you see?

What do you see?
Taru

Where are you going?



I've been trying to map myself back to the past or squint myself
into the future, where I am finally radiant;
I've been trying to unstitch my DNA but I can't
find the seams - each step I've taken has been tracing
tongue after tongue

forgetting the taste of
Sīni

and learning
sugar

There,
here

Waiting for that ravenous tug of
light to claw and force its way

through the sky,
the night -

there,
here,

I can't remember how to say *love* in my first language,

or *God*
or *home*
or *miss*

I miss you
Taru

We are slowly going into the night
Subha ratriyak

Careers News

Careers Excursions & Incursions (optional) for Year 10 (details on Google Classroom)

- Wed 20 Nov – Westmead Hospital Careers in Health Day (excursion)
- Fri 22 Nov – Generation Entrepreneur Start Up 101 Session (incursion)

University Speaker Program 2020 – Tues/Thurs lunchtimes for Year 10/11/12 students

A list of speakers (dates TBA) has been published on Google Classroom for Terms 1 & 2

Exploring - What does my child have access to for Careers in Year 10?

- **Weekly Careers Classes** including [Morrisby Online Career Profiling](#) - please see the [Careers](#) page on the school website for an overview of the Careers Program
- **Tailored resources on Google Classroom** including a **Career Competency Checklist** to ensure they are on track going into senior school
- Students and parents can access the [Study Work Grow Careers Subscription](#) (please ask your child for the user name and password). A personalised school page is available via the above link (requires log in) which includes important event information
- [Online Careers Portfolios](#) can be built via the Study Work Grow website (see info above)
- Students have access to hard copy **Career Portfolios** with the Baulko logo (pick up from Careers Office)
- **Subject Selection assistance** including UAC's [Steps to Uni for Year 10 Students](#) (online and hard copies) and new online tool ([Subject Compass](#))
- 1 year access to a new resource to explore various careers & undertake virtual work experience – [The Careers Department](#)
- 1 year access to the [Online Study Hacks Masterclass](#) (taught by Dr Jane Genovese who has qualifications in Law & Psychology)

Clarifying - What does my child have access to for Careers in Year 11?

- **Future Planning Session** (combined Careers/Wellbeing Day) in Term 2 (experienced HR speaker)
- **Motivational Mapping** using the **Youth Maps profiling report** (as well as a 1-hour explanatory session as part of Careers/Wellbeing Day) + **optional individual follow up session** with the Careers Advisor
- **Individual appointments** with the Careers Advisor (applying to uni, scholarships, general Careers advice)

Applying – What does my child have access to for Careers in Year 12?

- **Individual appointments** with the Careers Advisor (applying to uni, scholarships, general Careers advice)
- **Mock interviews for scholarships/medicine**
- **UAC information session** (how to apply to uni), **panel discussion** (uni students) and **scholarships session** (experienced HR speaker) (as part of combined Careers/Wellbeing Day in Term 1)
- **UAC Guides** in hard copy and further resources posted in Google Classroom
- Year 12 students can use the UAC online tool [Course Compass](#) to assist their decisions

Ms Hardy, Careers Adviser



BHHSACU Range Practice



On Saturday, 19 October 2019, cadets from the Baulkham Hills High School Army Cadet Unit participated in the annual live-fire training at Holsworthy Barracks, arguably one of the most exciting events on the cadets' calendar. The purpose of the live-fire exercise is to introduce cadets to firearm safety and handling. We were first introduced to a few in-service weapon systems by the Australian Army including the in-service (currently used) machine gun and anti-armour weapons. Next, we got to try on some body armour and equipment used by the Australian Army including hard body armour and helmets. Afterwards, soldiers from the Australian Army briefed us on how to safely handle and operate the current service rifle, the EF88, which we had the chance to fire 20 rounds at a target down range. There was an intense competition between cadets from other school cadet units to try to obtain the tightest grouping - the precision of the shots - where the most precise cadet would get a prize.

Overall, the live fire is a very fun, exciting and unique experience for cadets to participate in. On behalf of the cadet unit, I would like to thank the Army Cadet Staff, CAPT Charlton, LT Davies, 2LT Iaconis, 2LT Tang for giving us the opportunity to take part in this event and to the soldiers at Holsworthy Barracks for donating their time, teaching and supervising us during this event.

Jeremy Lin, Year 9

PS – I would like to point out that Jeremy was successful in obtaining the prize, for the second year running. Congratulations Jeremy! Mr Iaconis.



What is physical literacy and why is it important for your child?

How you can nurture your child's participation in sport and physical activity at home

Our school recently secured funding from Sport Australia to run a Sporting Schools program *Run Fit* (run by a local Athletics Australia coach Howard Searle). 15 students took part in activities in Term 3 on Wednesday mornings before school, based on agility and strength as well as improving cardiovascular fitness through games, drills and other exercises. Benefits mentioned in survey results included increased confidence, making new friends and increased energy levels.

From survey feedback we know the students loved this program and it was a great way for children to find their 30 at school, however, while adults need 30 minutes of physical activity a day, children need 60. So, as well as finding 30 at school, they need to be finding 30 at home.

Sport Australia has provided us with some useful information on how parents and carers can continue to nurture a child's participation in sport and physical activity and find their 30 at home.

Physical literacy provides the foundation for a lifelong connection to sport and physical activity. It is about developing the **skills, knowledge and behaviours** that give us the confidence and motivation to move more and lead an active, healthy life. You can help develop your child's physical literacy by creating good habits with daily physical activity by increasing the opportunities for play-based activities at home. Entice your child/ren away from screen-time and teach them how to climb a tree, fly a kite, kick a footy or go for a bush walk together as a family. Encourage your child/ren to: help choose and plan the activities; set goals; and talk about how they feel while engaging in the activities. As a bonus, research has shown that children who are physically active achieve greater academic success and maintain higher attention levels during class at school.

See more examples of how you can support your child to develop their physical literacy and some activities you can do together as a family <https://www.sportaus.gov.au/findyour30/challenge>.

We can all develop our physical literacy at any stage of life, so why not do it together! Find a new sport or physical activity you can try with your family this term.

As a school community we also encourage active transport to school so walking or riding to and from school pick up and drop off are some other great ways your children can be active and as a bonus you'll be finding your 30 and getting some physical activity too.

If your child enjoyed the Sporting Schools Program and wants to take part again, it will be running in Term 1 2020. We also welcome any new runners of any ability to participate in Runfit.



Ms Hardy





multicultural
FOOD FAIR 5PM-9PM
free entry

organised by the p&c

23 november
@ baulkham hills high school

**school bands &
dance performances**

proudly supported by the band community



Creative & Performing Arts
Faculty

+

CREATIVE AND PERFORMING ARTS SHOWCASE

December 12th, 2019

Doors open at 6pm

Houliston Centre,
Baulkham Hills High School

Visual Arts, Photography, Visual Design,
Drama and Music will all be on display.

COME ALONG AND SEE THE BEST OF 2019!