# Baulkham Hills High Newsletter



www. baulkhamhillshighschool.com.au



# **Cover**: Swimming Carnival – 21 February

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# From the principal's desk:

Congratulations to everyone who made our Swimming carnival such a success. We had the best attendance for any carnival in recent years. Special congratulations to roll class 7C which had 100% attendance and now receives a pizza lunch to Additionally, celebrate. would like to congratulate Year 11 for their 70% attendance. Last year, as Year 10 students they only managed 50% attendance.

Students were reminded today that use of social media must not include any references to the school nor bring the school into any disrepute. schools Many have banned mobile phones but we have not had a problem so far so we trust that students will use them sensibly and not get involved in any online bullying. We are also discouraging the use phones in the playground as entertainment. We would much prefer for students to be playing ballgames or something similarly active. To encourage this increase in

# BaulkhamHillsHighNewsletter

24 February 2020

#### Calendar 2020

This calendar is subject to change so please check carefully each week for any alterations. A whole year calendar is on the school website at www.baulkhamhillshighschool.com.au

Term 1

#### Week 5 Monday 24 February **Tuesday 25 February**

&C Meeting and AGM 7.30pm

Y12 Chemistry Prac Task – Pds 3-6 (Scollay)

#### Wednesday 26 February Thursday 27 February

Yr 7-8 Cadets online enrolment closes

#### Friday 28 February

Cléan up Austrália Day Green Group – Yrs 7-12 Pd 7-8-

#### Monday 2 March

- Yr 9 History 4 Oral Presentation Pds 1&2
  Yr 9 History 5 Oral Presentation Pd 6
- Yr 9 History 6 Oral Presentation Pd 5
- Yr 10&12 Áncient History Study Day All Day

#### Tuesday 3 March

- Yr 9 History 5 Oral Presentation Pd 6 Yr 9 History 6 Oral Presentation Pd 5

#### Wednesday 4 March

#### Thursday 5 March

- Y9 History 7 Oral Presentation Pds 3&4
- Y7 Geography written task P7-8

#### Friday 6 March

- Yr 9 History 7 Oral Presentation Pds 3&4
  SRC World's Greatest Shave (Mudaliar/Khan)

#### Week 7

#### Monday 9 March

- Yr7 + Support Swim School 9/3-10/3 incl. Meiwa High School Visit 9/3-13/3 incl. (Zhu)

#### Tuesday 10 March

## Wednesday 11 March Thursday 12 March

- Selective Schools Test
- Yr 7U History Source Test Pds 1&2, Y7B Pds 7&8, Yr7K Pds 3&4

#### Friday 13 March

- Yr 10 Science Assessment Task. O, H, K Pds 3-4
- Yr 10 Science Assessment Task L, V, A Pd 5

#### Week 8

#### Monday 16 March

- Yr 8 History K Source Test Pds 1&2 Y10 PASS Bronze Medallion 16/3-17/3 incl

- Tuesday 17 March
   Yr 7 Maths exam Pds 3 & 4, Yr9 Pds 1&2
- Yr 8 History K Source Test Pds 1&2 Yr 10 History 5 Source Test Pds 1&2

#### Wednesday 18 March

- Yr 8 Maths Exam Pds 1&2
- Yr 10 History 4 Source Test Pds 1&2
- Y11 & Y9 Preliminary Geography SGP Stage 1 due SRC Trivia Night (Mudaliar/Khan)

#### Thursday 19 March

- Yr 8 History B Source Test Pds 5&6 Yr 8 History U Source Test Pds 5&6 Yr 10 History 7 Source Test Pds 1&2

#### Friday 20 March

Yr 10 History 6 Source Test Pds 7&8

#### Monday 23 March

- Y12 Buffer Week 23/3 to 27/3
- Y9 & Y11x2 Australian Geography Comp Pds 1&2

#### Tuesday 24 March

Y10 Welfare Day (Dunne)

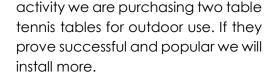
#### Wednesday 25 March

APSMO Maths Competition Y7&8 in class

#### Thursday 26 March

Y7 Vaccinations (Fletcher)

#### Friday 27 March



Fee notices have been emailed home to all families. Thank you to those who have paid promptly. If there are financial issues for families, please make contact with Mr Parnaby, our Bursar, to discuss your options.

Students have been told that they will not be given leave from school to attend AMEB exams. These are to be scheduled by the private music teacher to happen during school holidays or on the weekend. Now is the time to organise these exams, with plenty of advance warning.

The school says farewell this week to two of our young teachers. Mrs Gyenge is going to join the Uppley Project, for the rest of the year, which is working on teaching strategies for future focused learning, based in Parramatta. Mr Groth is taking time out to return to studying at university. He will be studying Radiography. We wish them both the best for the future and hope to see them back here at some point.



Ms Gyenge



Mr Groth

Jeanne Bathgate **Principal** 



# Baulko News

Suttor House - Swimming Carnival Champions



Tyler Ye and Jessie Wong – Suttor House Captains

2019 Metropolitan Interschool Chess Competition



Division Winners from the 2019 Metropolitan Interschool Chess Competition. Front row (L to R): Jonathan Yap, Dhwani Patel, Shivam Pant (all Year 9) and Judy Huang (Year 8); Back row (L to R): Vasu Bansal (Year 11), Winston Zhao Chen (Year 10), Frank Zhang and Toshiki Norimura (Year 11).



Metropolitan West champions in the 2019 Metropolitan Interschool Chess Competition. Left to right: Royce Zeng, Jason Tan, Max Sun (Year 12). Absent: Bing Rong Jiang (Year 12). Mr Salter



#### **P&C News**

#### P&C Annual General Meeting (25 February, 7:30pm in the TLC)

The first P&C General Meeting will be held on **Tuesday 25 February**, **at 7.30pm** in the **TLC**. It will be followed by the **P&C Annual Election** and the new office bearers for 2020 will be elected.

The positions to be elected are:

- President
- 2 Vice Presidents
- Secretary
- Assistant Secretary
- Treasurer
- Assistant Treasurer
- 6 Executive Members
- 6 Committee Members

Please consider joining the P&C Committee and get first- hand involvement in numerous P&C activities such as:

- P&C General Meeting (Every fourth Tuesday of the month, 7:30pm at the library)
- Working Bee (Twice a year in March and August)
- Uniform shop
- Y12 English Study Day (July)
- Y12 Graduation Morning Tea (Sept)
- Multicultural Food Fair (November)

You will also contribute to policy discussions and decision-making such as those of student welfare and curriculum reviews. P&C representatives are invited to participate in the selection process for new staff members as well as in the building and refurbishment plans/tenders of the school. It will be a fun and valuable learning experience for everyone. All we ask for is the commitment to attend **2 General Meetings and 2 Executive Meetings every term** (all will be held on Tuesdays at 7:30pm).

Guest speaker, **Mr Nigel Simmons**, BHHS HT Administrator and resident statistician will also be discussing the 2019 HSC result on the night. It will be a busy night so please be on time.

(\*Please get ready with \$2 P&C Membership Fees to speed up the registration process. It will be collected upon arrival at the door.)

Thank you!

Sau Wan Liew P&C President



### Swimming Carnival – Friday, 21 February

CONGRATULATIONS TO all participants at our swimming carnival last week. Mr Simmons has reported that we had a record attendance on the day, with excellent attendance from all grades.

The overall house points for our 2020 swimming carnival were:

- 4th place with 230 points was MACDOUGAL
  - 3RD place with 349 points was MEEHAN
  - 2nd place with 352 points was HUGHES,
- 1st place with 471 points was SUTTOR house
- CONGRATULATIONS to all SUTTOR swimmers. This is the 3rd year in row Suttor have been the swimming champions
  - AGE CHAMPIONS will be announced later in the week



#### **Procedure for Sick Students**

Students who are sick in class should see a teacher for written permission to go to sick bay. They must go to sick bay (which is in the Front Office) and follow instructions from the office staff, who will contact a parent/guardian when necessary. Sick bay is used for a short time only. Students should not call their parents first. Please be advised the school does not supply any medication (panadol).

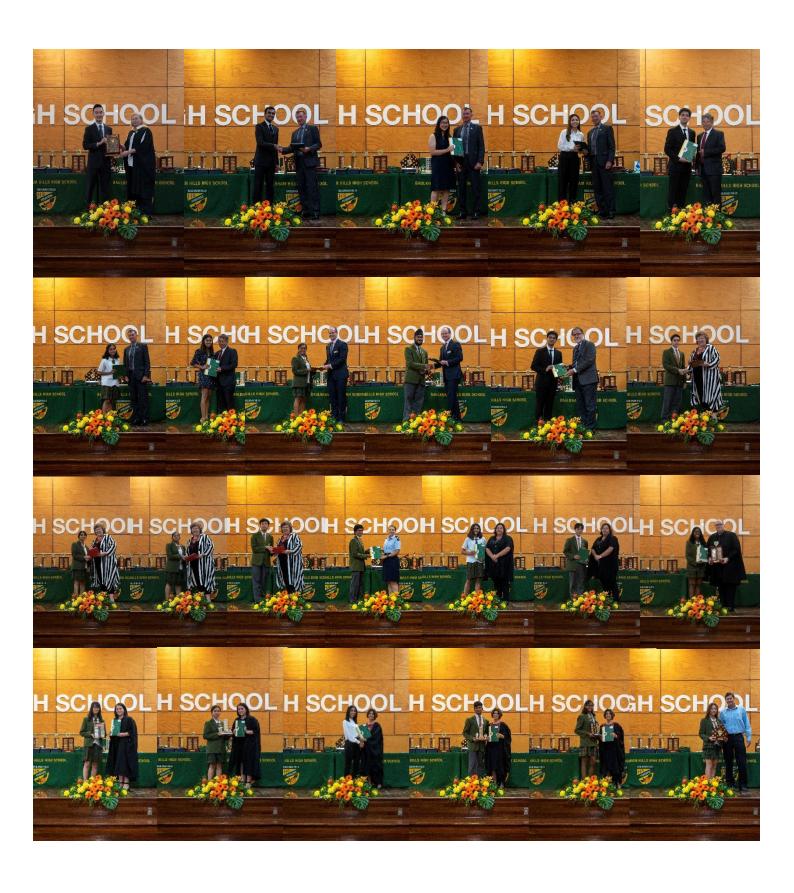


# BaulkhamHillsHighNewsletter

Issue #5

24 February 2020

## **Presentation Evening Photos**





Issue #5

24 February 2020





#### **Career News**

#### Vision Statement

Year 10

- Exploring (promoting self-sufficiency for future work through research and adaptability skills)
- Careers classes, online profiling, work experience, excursions

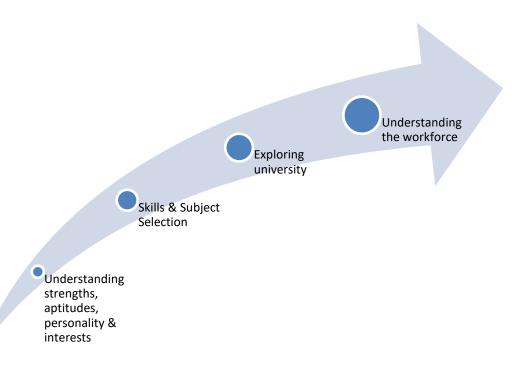
Year 11

- Clarifying (connecting students to opportunities to make informed choices)
- Career planning, industry speakers, consultations

. Year <u>12</u>

- Applying (enhancing confidence and resilience through guidance and mentoring)
- Scholarship applications, mock interviews, consultations

#### Year 10 Careers Classes





# BaulkhamHillsHighNewsletter

24 February 2020

#### Exploring - what does my child have access to for Careers in Year 10?

- Weekly Careers Classes
- Online Careers Profiling Report
- Tailored resources on Google Classroom including a Career Competency Checklist
- <u>Study Work Grow</u> Careers Subscription (news/events/work experience opportunities)
- Online Careers Portfolios (Study Work Grow website)
- Hard copy Careers Portfolios with Baulko logo
- Subject Selection Assistance including <u>UAC's Steps to Uni for Year 10 Students</u> and online tool (<u>Subject Compass</u>)
- The Careers Department subscription (virtual work experience/audio & video of careers)
- University & industry speakers at lunchtimes Terms 1 & 2
- Careers excursions & incursions (Term 4)

#### Clarifying - what does my child have access to for Careers in Year 11?

- Future Planning Careers Session
- Individual appointments with the Careers Advisor (applying to uni, scholarships)
- University & industry speakers at lunchtimes Terms 1 & 2

#### Applying - what does my child have access to for Careers in Year 12?

- Individual appointments with the Careers Advisor (applying to uni, scholarships)
- University & industry speakers at lunchtimes Terms 1 & 2
- Scholarship writing assistance
- Mock interviews
- Access to guides provided by UAC and specific tools such as <u>Course Compass</u>
- Applying for uni information session (info provided by Universities Admissions Centre UAC)

#### What standards is the BHHS Careers Program measured against?

The Careers Advisor is qualified by the <u>Australian Council for Educational Research (ACER)</u>. All of the career development activities in the BHHS Careers Program have been informed with regards to:

- Research (domestic and international)
- Professional development in advanced coaching techniques & models (the Careers Advisor is trained in delivering Morrisby Online Profiling and Motivational Mapping)
- The <u>CICA Professional Standards for Career Development Practitioners</u> (the Careers Advisor is a member of state and national Career Development Associations and has qualifications endorsed by CICA)
- The <u>Career Industry Council of Australia School Career Development Service Benchmarking Resource</u> (used to identify and address gaps in the program)

#### Further information for parents

See the BHHS website: <a href="https://baulkham-h.schools.nsw.gov.au/learning-at-our-school/careers.html">https://baulkham-h.schools.nsw.gov.au/learning-at-our-school/careers.html</a>
Sign up to **Study Work Grow** for updates (code available on Google Classroom): <a href="https://studyworkgrow.com.au/school/baulkham-hills-high-school/">https://studyworkgrow.com.au/school/baulkham-hills-high-school/</a>

Resources to help you support your child: <a href="https://myfuture.edu.au/footer/assist-others">https://myfuture.edu.au/footer/assist-others</a>

#### Ms Hardy

Careers Adviser





#### NSW SCHOOL VACCINATION PROGRAM - SCHOOL NEWSLETTER TO PARENTS/GUARDIANS

Each year NSW Health works in partnership with schools to offer the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school vaccination program.

In 2020 the following vaccines will be offered:

YEARS	VACCINE	NUMBER OF DOSES
Year 7	Human papillomavirus (HPV) vaccine	2-doses at least 6 months apart
	Diphtheria-Tetanus-Pertussis (whooping cough) vaccine	Single dose
Year 10	Meningococcal ACWY vaccine	Single dose

Parent Information Kits that include an information sheet, consent form and privacy statement will be sent home to you by your child's school. To consent to the vaccination of your child, parents/guardians are advised to:

- read all the information provided;
- complete the consent form, including signing your name next to each of the vaccine/s you would like your child to receive;
- return the completed consent form to your child's school;
- ensure that your child eats breakfast and has food available to eat on the day of the school vaccination clinic

Parents/guardians who wish to withdraw consent for any reason may do so by writing to the school Principal or phone the school. The Procedure for Withdrawal of Consent is available on the NSW Health website at www.health.nsw.gov.au/immunisation/Pages/withdraw\_consent.aspx.

Students who return a consent form to school but are absent on vaccination day, will be caught up on subsequent school vaccination clinics, during Year 7 or 8 (for HPV and dTpa vaccines) and during Year 10 or 11 (for Meningococcal ACWY vaccine).

A Record of Vaccination will be provided to each student vaccinated at each clinic. You should ensure that this record is kept for future reference. Please do not assume that your child has been vaccinated if you do not receive this Record of Vaccination. Vaccination records will be uploaded to the Australian Immunisation Register (AIR) to support complete vaccination histories.

#### For further information:

Australian Government Department of Health website

https://www.health.gov.au/resources/videos/getting-your-hpv-dtpa-vaccinations-at-school-what-to-expect https://www.health.gov.au/resources/videos/getting-your-meningpcoccal-acwy-vaccination-at-school-what-to-expect

NSW Health website https://www.health.nsw.gov.au/immunisation/Pages/schoolvaccination.aspx

Contact Parramatta Public Health Unit on 9840 3603

Public Health Unit Oungum, Building 68 Cumberland Hospital LMB 7118, Paramatia BC NSW 2124 Tel 9840 3603 Faz 9840 3608





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### Possible answers to FAQ from - YEAR 7 PARENTS/GUARDIANS - A school guide

- My child had diphtheria, tetanus and pertussis (whooping cough) vaccine when they were aged 4, will he/she need the one offered at school? "Yes, this is a booster dose that all students now need to receive in Year 7."
- 2. Human Papillomavirus Vaccine (HPV) is given to boys as well as girls, why? "The vaccine used in Australia, called Gardasii 9® is very effective in reducing cervical cancers in women and genital warts in both men & women caused by an infection called Human Papillomavirus. This virus also causes cancers in other parts of the body, including the vulva, vagina, penis and anus. As the infection is spread through sexual contact, to reduce the effect of these diseases amongst all males & females during adulthood, the Federal Government provides free Gardasii 9® vaccine to both boys and girls. The vaccine works best if given prior to sexual activity. Gardasii 9® is recommended as a 2-dose course vaccine for 12 13 year olds or Year 7 students. If vaccination is delayed till after the 15th birthday a 3-dose course is required."
- 3. I've heard that the HPV vaccine causes bad side effects some students faint, I'm worried about these side-effects on my child. How can they be prevented? "HPV vaccine is generally well tolerated. Common side effects are mild and usually involve pain, swelling and redness at the injection site. Serious side effects are extremely rare. Fainting can occur after receiving any injection, and is a fear response to a situation; this response may increase within the school environment due to the response of friends. The nurses are very experienced in dealing with this situation and all students are observed for a short time following vaccination. You can assist your child by ensuring they have a good breakfast before leaving home and provide them with ample food and water to consume during the day."
- 4. My child is very nervous about having needles and the potential pain, I want him/her to use an Emia® patch or numbing cream, is that OK? "Sure, if you ask your child to bring the patches into school on the morning of the clinic, school staff will organise for the nurses to put the patches on for your child 20 to 30 minutes before your child gets vaccinated. This way, the patches will be in the correct position and the nurses will be able to slot your child in at the correct time."
- 5. Will I know what vaccines my child has received? "Yes, all students are provided a Record of Vaccination card with all vaccines given on that day, information includes the date, time, and batch number of each vaccine given. Please retain this document for future reference. Records will be uploaded to the Australian immunisation Register (AIR) to provide a complete immunisation history for you child."
- 6. Where can I find more information about vaccines in the School Vaccination Program?

NSW Ministry of Health website: <a href="http://www.health.nsw.gov.aw/immunisation">http://www.health.nsw.gov.aw/immunisation</a>
National Centre for Immunisation Research and Surveillance [NCIRS] website: <a href="http://www.ncirs.edu.au/provider-resources/ncirs-fact-sheets/">http://www.ncirs.edu.au/provider-resources/ncirs-fact-sheets/</a>

Australian Government Department of Health website:

https://www.health.gov.au/resources/videos/getting-your-hpv-dtpa-vaccinations-at-school-what-toexpect

Cancer Council Victoria website: http://www.hpvvaccine.org.au

Parramatta Public Health Unit: (02) 9840 3803





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### Possible Answers to FAQ FROM - YEAR 7 STUDENTS - A SCHOOL GUIDE

- Does It hurt/ what does It feel like? This is the most asked question and probably the hardest to
  answer! Year 7 students have not received any vaccines within a school program before, therefore
  we need to provide students with a direct & honest answer on the sensations to be expected without
  lying, catastrophising or withholding information:
  Suggestions: "It may feel like a little pinch; a sting; a tingle, or like a mozzle bite, but the more
  - Suggestions: "It may feel like a little pinch; a sting; a tingle, or like a mozzle bite, but the more relaxed you are the less you may feel" or "Everyone feels things differently, tell me after what you think."
  - The student may find it unhelpful if you use comments like "it'll be airight" or "I know it's hard" or "I'm sorry you have to go through this" or "You're being a baby."
- 2. How long will it take? "The nurse will ask you some questions about you and your health. Then the nurse will explain what to expect and provide you with a distraction toy or start a conversation with you. If you follow the nurse's directions, the vaccine will only take a few seconds to be given. After vaccination the nurse will complete your Record of Vaccination card and provide you with further information. You will be back with your classmates within 5 minutes."
- I'm fasting, can I take this injection? "If you are fasting for religious purposes it is fine for you to be vaccinated. But please be aware that if you are feeling unwell after the vaccination you may be required to break your fast to drink water and recover."
- What do I do If I'm not at school next visit? "That's OK; every effort will be made for you to catch
  up when the nurses next visit our school."
- 5. Why do I get asked if I'm pregnant? (Giri's only!) "Although this may seem a very silly question, especially as you are only in Year 7, please don't be alarmed! This question is always asked to females before a vaccine is given, certain vaccines should be avoided during pregnancy as it may affect the developing baby."
- 6. Why does everyone tell me to eat and drink well during the day? "Sometimes if you are feeling particularly fearful of having an injection you produce a chemical in your body called adrenaline, this can give you a feeling of wanting to run away and/or having butterflies in your stomach. Eating and drinking well both before and after vaccination makes you feel better, faster."
- I'm scared of having a needle, what should I do? "Make sure you have a good breakfast on the
  morning of the clinic. Please come and see me at the beginning of the day and I will slot you in early
  to see the nurses."
- I forgot to bring my consent form in, what should I do? "If your parent can't drop it into school
  this morning, then the nurses cannot vaccinate you until the next clinic. Please return your consent
  form to school tomorrow and it'll be kept at school ready for the next clinic. There is no need for you
  to visit your local doctor."
- 9. What if I feel unwell after vaccinations? "Just let the nurses know and they will look after you"

Need more information about what to expect on the day? Watch this video: https://www.health.gov.au/resources/videos/getting-your-hpv-dtpa-vaccinations-at-school-what-toexpect



Issue #5

SCHOOL RECEPTION INFORMATION – SCHOOL VACCINATION PROGRAM 2020 NSW





Baulkham Hills High School

Year 7 Clinic - 1st dose HPV and dTpa vaccine

- 26th March 2020
- Plus catch-up for some Year 8 & 11 students



Year 10 Clinic - Meningococcal ACWY vaccine

- 18th June 2020
- Plus catch-up for Year 7, 8 & 11 students
- Any Year 7 student who was absent or missed returning their consent form at 1st Visit will be caught up through-out the year



Year 7 Clinic - 2nd dose HPV vaccine

- 22nd October 2020
- Plus catch-up for any Year 7, 8, 10 & 11 students
- Questions? Contact Public Health on 9840 3603

## 2020 Sporting Recognitions and Awards Register

Due to ongoing issues with central registration of the huge range of sporting achievements we are now asking all students to register their sporting representations using a google form.

If you have represented in a specific sport or at any carnival you can register this using the google form provided. The link to this form is available on the **SPORT GOOGLE CLASSROOM** page.

This is for all specific sporting representations & carnivals, Hills Zone & beyond. This form is not for grade sport, knockout sport or school carnival representations.

If you do not register your sporting representation using this google form process you will not receive any type of award. There will be deadlines at various times throughout the year when year groups recognition ceremonies are being prepared. These deadlines will be announced publicly as they arise.

Mr Filewood, Sport Organiser





Council's Compilance Officers enforce parking signs at your school.

When it comes to the safety of vulnerable road users like school children, drivers found breaking the law will be met with zero tolerance. When an offence is detected, you will be fined.



#### NO STOPPING

You must not STOP at any time. Stopping includes when the vehicle is not moving but the engine is still running.

SCHOOL ZONE
Penalty from \$344 and 2 demerit points



#### HO PARKING

You can step only to drop off or pick up passengers or goods and you must not stop for more than 2 minutes and The driver must stay within 3 metres of your vehicle. Stopping includes when the vehicle is not moving but the engine is still running.

SCHOOL ZONE Penalty from \$191 and 2 demerit points



#### BUS ZONES

You must not stop your vehicle in a Bus Zone unless you are driving a public bus. Stopping includes when the vehicle is not moving but the engine is still running.

SCHOOL ZONE Penalty from \$344 and 2 dement points



#### DRIVEWAYS

You must not park your car over or block access to a driveway. You can stop in a driveway to drop off or pick up passengers BUT only for less than 2 minutes AND the driver must stay with the car.

SCHOOL ZONE Penalty from \$344 and 2 dement points

3 Columbia Court, Bastimers Hits NSW 2153 PO Box 7064, Bastimers Hits BC 2153

Phone 02 9543 0555 Email council@thet@is.esugovas





# There are now increased penalties and demerit points associated with all offences in School Zones.



#### NO PARKING

You have no more than 2 minutes for drop-offs or pick-ups and must stay within 3 metres of your vehicle.

Penalty from \$191 and 2 demerit points



#### NO STOPPING

Under no cicumstances are you permitted to stop on a length of road to which a No Stopping Sign applies.

Penalty from \$344 and 2 demerit points



#### **BUS ZONE**

You must not stop your vehicle in the indicated zone unless you are driving a public bus.

Penalty from \$344 and 2 demerit points

Double parking

Stop on path or nature strip

Stop on / near marked pedestrian/children's crossing

Approach children's crossing too quickly to stop safely

Illegal U turns

Stop across driveway

Drive using a hand held mobile phone

Parallel park close to (within 3 metres) double centre line \$344 & 2 dement points

\$344 & 2 dement points

\$344 & 2 dement points

\$457 & 2 dement points

\$572 & 4 dement points

\$457 & 4 dement points

\$344 & 2 demerit points

\$457 & 5 dement points

**FINES CURRENT AS OF JULY 2019** For a complete list of school zones offences visit www.rms.nsw.gov.au



