

# Baulkham Hills High Newsletter



[www.baulkhamhillshighschool.com.au](http://www.baulkhamhillshighschool.com.au)



## Cover: Support Unit Swimming Carnival Krystal Jessen – Champion Swimmer

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### From the principal's desk:

The Coronavirus threat is increasing across the world and now people travelling from Iran are included in the two-week self-isolation period. I doubt that we have many people in that category at our school, but if there is anyone, please contact the school for the latest advice.

Students were reminded again today to book up their AMEB exams during weekends or holidays. This is their responsibility together with their private music teacher.

Fee notices have been sent to all families via email. If you have not received the latest fee sheet please check with the school that we have your up to date email address. Thank you to those who have paid their fees promptly. For those experiencing financial difficulty, please see Mr Parnaby, our Bursar, for advice.

2 March 2020



### Calendar 2020

This calendar is subject to change so please check carefully each week for any alterations. A whole year calendar is on the school website at [www.baulkhamhillshighschool.com.au](http://www.baulkhamhillshighschool.com.au)

#### Term 1

<b>Week 6</b>
<b>Monday 2 March</b> - Y9 History 4 Oral Presentation – P1&2 - Y9 History 5 Oral Presentation – P6 - Y9 History 6 Oral Presentation – P5 - Y10&12 Ancient History Study Day – All Day
<b>Tuesday 3 March</b> - Y9 History 5 Oral Presentation – P6 - Y9 History 6 Oral Presentation – P5
<b>Wednesday 4 March</b>
<b>Thursday 5 March</b> - Y9 History 7 Oral Presentation P3&4 - Y7 Geography written task – P7-8
<b>Friday 6 March</b> - Y9 History 7 Oral Presentation P3&4 - SRC World's Greatest Shave (Muddaliar/Khan)
<b>Week 7</b>
<b>Monday 9 March</b> - Y7 + Support – Swim School 9/3-10/3 incl.
<b>Tuesday 10 March</b>
<b>Wednesday 11 March</b>
<b>Thursday 12 March</b> - Selective Schools Test - Y7U History Source Test P1&2, Y7B P7&8, Y7K P3&4 - Y9 Assessment Reading Task Pds1-2 & 7-8 - Y12 SDD Assessment Part A P7-8
<b>Friday 13 March</b> - Y10 Science Assessment Task. O, H, K P3-4 - Y10 Science Assessment Task - L, V, A Pd 5
<b>Week 8</b>
<b>Monday 16 March</b> - Y8 History K Source Test Pds 1&2 - Y10 PASS Bronze Medallion 16/3-17/3 incl.
<b>Tuesday 17 March</b> - Y7 Mathematics Exam – P3-4, Yr9 P1-2 - Y8 History K Source Test P1&2 - Y10 History 5 Source Test P1&2 - Y9 Mathematics Exam Pds1-2
<b>Wednesday 18 March</b> - Y8 Mathematics Exam – P1&2 - Y10 History 4 Source Test P1&2 - Y11 & Y9 Preliminary Geography SGP Stage 1 due - SRC Trivia Night (Muddaliar/Khan)
<b>Thursday 19 March</b> - Y8 History B Source Test P5&6 - Y8 History U Source Test P5&6 - Y10 History 7 Source Test P1&2
<b>Friday 20 March</b> - Y10 History 6 Source Test P7&8 - Sydney West Swimming Carnival (Filewood)
<b>Week 9</b>
<b>Monday 23 March</b> - Y12 Buffer Week 23/3 to 27/3 incl. - Y9 & Y11 Australian Geography Comp P1&2 - Y10 & Y12 Australian Geography Comp P3&4
<b>Tuesday 24 March</b> - Y10 Welfare Day (Dunne) - P&C General Meeting 7.30pm
<b>Wednesday 25 March</b> - APSMO Maths Competition Y7&8 in class - School Cross Country P1-5 (Filewood)
<b>Thursday 26 March</b> - Y7 Vaccinations (Fletcher)
<b>Friday 27 March</b> - Y10 Mathematics Exam P1&2 - Y12 Society & Culture Hand in assignment P7&8 - Y9 PASS Raw Challenge (Renwick) - Y8 Commerce Exam P3&4 (Craft)
<b>Saturday 28 March – P&amp;C Working Bee 9am-1pm</b>

Unfortunately, the Coronavirus threat has meant that all schools in Japan are closed until the spring break. This means our visit set down for next week, from students at Meiwa High School, our Sister School, has been cancelled.

This week is Triple AAA Week which concentrates on issues such as disability, mental health, gender and celebrates our multicultural school. There are activities every day, finishing on Friday with 'Shave for a Cure' to support research into leukaemia. It promises to be a very full week with lots of things happening beyond the classroom. Monday starts off with the Prefects playing handball with members of the Support Unit at recess.

Students are encouraged to get involved in the greater life of the school by joining a club or sporting group or one of the bands, or the cadets. There are so many opportunities for students to meet people in other years and to make a difference in our community.

Congratulations to:

- Krystal Jessen who is the Support Unit Champion Swimmer for the second year in a row (photo on front page).

**Jeanne Bathgate**  
Principal

## Baulko News

### Korean Courses – Top Achievers

On 14<sup>th</sup> of February, the top achievers of HSC 2019 Korean courses and their parents and teachers are invited to the Korean Education Centre to celebrate their achievements. 2019 graduates Christy Li and Darcey Thompson who have achieved 2<sup>nd</sup> and 3<sup>rd</sup> place in the state for Korean Beginners, attended with their proud parents. They were awarded with the certificate and \$150 prize money by Mr Kim, director of Korean Education Centre and Ms Choi, the president of Korean Teachers Association.

Mrs Y Jin



### Hotmail Email Address

Please note: If you have a Hotmail email address your emails from school may be going into your spam/junk folder.

**Please check your spam/junk folder.**

**If you would like to change your preferred email address, please email the school with your change of details.**

## P&C News

### Executive for 2020

The P&C has elected new Office Bearers, Executives and Committee members for 2020.

### 2020 P&C Office Bearers, Executive and Committee Members

President: Sau Wan Liew

Vice President 1: Ria Mizan

Vice President 2: Maninder Rai

Secretary: Raymund Wong

Assistant Secretary: Shasi Dharan

Treasurer: Vonny Suyono

Assistant Treasurer: Kristine Lee

Executive and Committee members: Jeya Kulasekaram, Peng Zhuang, Jane Hou, Jing Liu, Suresh Balasangham, Bindu Malla, Gayathiri Subendran, Louise Liu, Adam Moy, Dan Rupasinghe, Doreen Liu, Ravi Samarasinghe, Shangeetha Sritharan, Andrew Young, Juan Li, Lashami Chennapragade, Vasana Srinivasan and Sekhar Vardhan.

A big thanks to the outgoing executives and committee members for their effort and commitment to the 2019 P&C. We are looking forward to another exciting year with a new team.

### Next General Meeting: Parent Workshop (Tuesday 24 March 6pm-8:30pm)

For the next General Meeting, the P&C - together with the school's Wellbeing Team - is running a parent workshop. Guest speakers will discuss the following topics with parents:

- (1) How to Navigate Parenting in the Digital Age
- (2) Organisation and Study Skills: Supporting Your Child

The school's senior executive will be present to give updates on the Principal's report in between the workshops. The poster for the event can be found in the newsletter. If you are planning to attend, please RSVP via the link below. Please be advised that this event is designed for parents, not students.

<https://forms.gle/MECahvvykzQm6kLh8>

(Note: A BBQ will be provided by the Wellbeing Team between 7pm - 7:30pm)

Mark your date: **Working Bee** will be on **28 March 2020 (Saturday) 9am-1pm**

Sau Wan Liew  
P&C President







BHHS' Wellbeing Team and P & C Presents

## 'Supporting Your Student's Wellbeing'

### Parent Workshop & BBQ

Tuesday 24<sup>th</sup> March 2020

6:00 – 8:30 pm in the TLC

The Wellbeing Team is pleased to invite parents and guardians of Baulkham Hills High School students to attend a workshop focused around supporting student wellbeing. This evening has been designed to support parents with strategies, advice and resources that will promote positive wellbeing in their child and support their academic progression at school. The program for the evening is as follows:

#### Elemental Mind Psychology – *How to Navigate Parenting in the Digital Age*

6:00 – 7:00 pm

In a fast paced, everchanging digital world, what is the best way to stay up to date with what your children are using and exposed to in the digital environment? Delivered by Digital Expert Greg Szudrich, this talk will empower parents with the information needed to feel more secure when managing their teen's digital world.



#### Elevate Education – *Organisation and Study Skills: Supporting Your Child*

7:30 – 8:30 pm

Elevate Education will provide parents with strategies for supporting their child with time management, motivation, techniques for *how* to study effectively and any other questions that arise! Elevate also deliver workshops to students in Year 7 -12 at BHHS, so have extensive experience working with the students at BHHS.



**BBQ:** A BBQ will be provided by the Wellbeing Team between 7 and 7:30 pm, along with light refreshments, for all parents attending.

**Please RSVP:** If you are planning to attend this evening, please RSVP via the following Google Form link (for catering and venue purposes). Please be advised that this event is designed for parents, not students.

<https://forms.gle/MECahvvykzQm6kLh8>

We very much look forward to seeing you at this event!

If you have any questions please do not hesitate to contact Terryanne Fletcher (Head Teacher Wellbeing) on [Terryanne.fletcher1@det.nsw.edu.au](mailto:Terryanne.fletcher1@det.nsw.edu.au)

## 2020 Sporting Recognition and Awards Register

Due to ongoing issues with central registration of the huge range of sporting achievements we are now asking all students to register their sporting representations using a google form.

If you have represented in a specific sport or at any carnival you can register this using the google form provided. The link to this form is available on the **SPORT GOOGLE CLASSROOM** page.

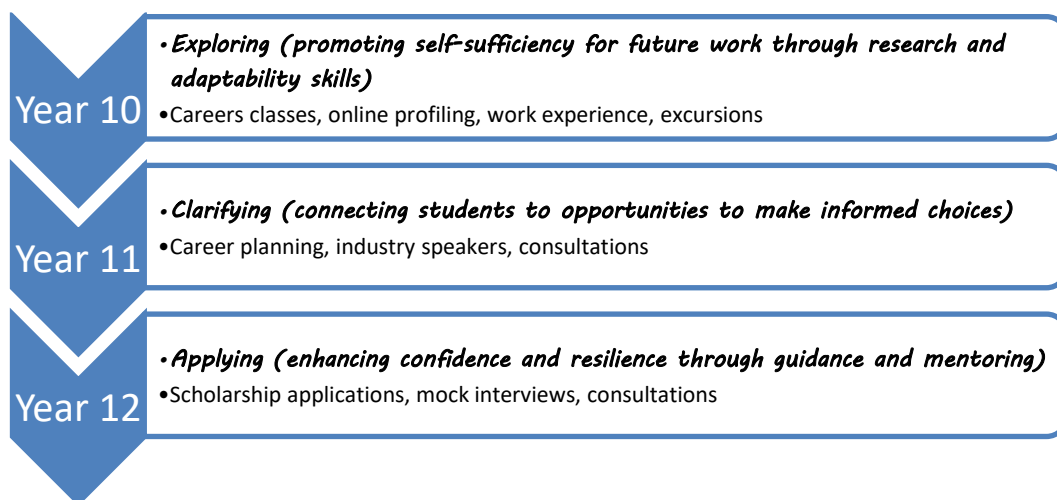
This is for all specific sporting representations & carnivals, Hills Zone & beyond. This form is not for grade sport, knockout sport or school carnival representations.

If you do not register your sporting representation using this google form process you will not receive any type of award. There will be deadlines at various times throughout the year when year groups recognition ceremonies are being prepared. These deadlines will be announced publicly as they arise.

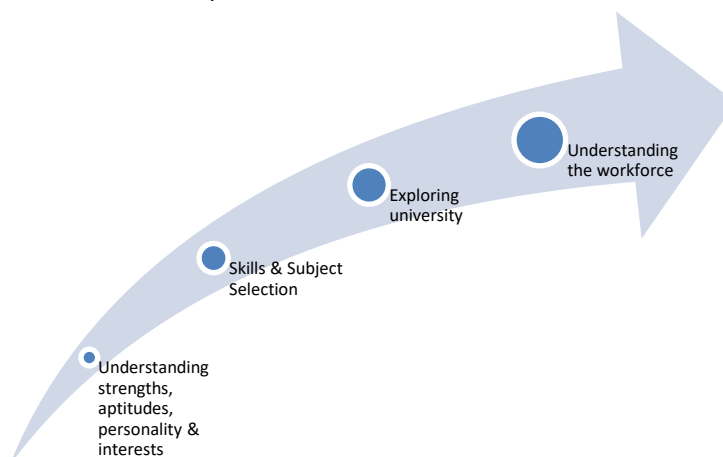
Mr Filewood, Sport Organiser

## Careers News

### *Vision Statement*



### *Year 10 Careers Classes*



### *Exploring - what does my child have access to for Careers in Year 10?*

- Weekly Careers Classes
- [Online Careers Profiling Report](#)
- Tailored resources on Google Classroom including a Career Competency Checklist
- [Study Work Grow](#) Careers Subscription (news/events/work experience opportunities)
- [Online Careers Portfolios](#) (Study Work Grow website)
- Hard copy Careers Portfolios with Baulko logo
- Subject Selection Assistance including [UAC's Steps to Uni for Year 10 Students](#) and online tool ([Subject Compass](#))
- The Careers Department subscription (virtual work experience/audio & video of careers)
- University & industry speakers at lunchtimes Terms 1 & 2
- Careers excursions & incursions (Term 4)

### *Clarifying - what does my child have access to for Careers in Year 11?*

- Future Planning Careers Session
- Individual appointments with the Careers Advisor (applying to uni, scholarships)
- University & industry speakers at lunchtimes Terms 1 & 2

### *Applying - what does my child have access to for Careers in Year 12?*

- Individual appointments with the Careers Advisor (applying to uni, scholarships)
- University & industry speakers at lunchtimes Terms 1 & 2
- Scholarship writing assistance
- Mock interviews
- Access to guides provided by UAC and specific tools such as [Course Compass](#)
- Applying for uni information session (info provided by Universities Admissions Centre – UAC)

### *What standards is the BHHS Careers Program measured against?*

The Careers Advisor is qualified by the [Australian Council for Educational Research \(ACER\)](#). All of the career development activities in the BHHS Careers Program have been informed with regards to:

- Research (domestic and international)
- Professional development in advanced coaching techniques & models (the Careers Advisor is trained in delivering Morrisby Online Profiling and Motivational Mapping)
- The [CICA Professional Standards for Career Development Practitioners](#) (the Careers Advisor is a member of state and national Career Development Associations and has qualifications endorsed by CICA)
- The [Career Industry Council of Australia School Career Development Service Benchmarking Resource](#) (used to identify and address gaps in the program)

### *Further information for parents*

See the BHHS website: <https://baulkham-h.schools.nsw.gov.au/learning-at-our-school/careers.html>

Sign up to **Study Work Grow** for updates (code available on Google Classroom):

<https://studyworkgrow.com.au/school/baulkham-hills-high-school/>

Resources to help you support your child: <https://myfuture.edu.au/footer/assist-others>

**Ms Hardy**

Careers Adviser



### The Creative and Performing Arts Faculty



## Creative & Performing Arts Faculty

Welcome back to all our CAPA students who have already demonstrated in 2020 they are looking forward to a year of imagination, creativity, hard work and boundless opportunities.

A very special mention to Bradley Howard Year 12 Music student who has been selected to perform at Encore this month as an exemplar HSC Music student selected from across the state. Also congratulations to Sophie Yu and James Chen who will have their HSC Body of Works on display at the Armory Gallery as part of Art Express 2020.

Please encourage your children to get involved and have a go at the variety of programs we have running in the Creative and Performing Arts faculty to expand and strengthen their skills across all the arts. Interested in joining a CAPA club? Why not join one the following?

- Graphics Club
- Events Team
- Choir (In Concert/ Schools Spectacular)
- Accapella Group
- Dance Ensemble (new in 2020)
- Wakikirri
- Schools Spectacular

If you are interested and not already involved please send your child to the CAPA staffroom to sign up.

We aim for extraordinary results with all of our students in the Creative and Performing Arts Faculty. To assist us developing your sons and daughters, it is essential that each student in our classes has the appropriate equipment for each lesson. Please check with your child to ensure that all students are prepared for each lesson.

Miss Kristy Pugliano  
Head Teacher of Creative and Performing Arts



## Music

### Encore

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#### 16th and 17th March 2020

The annual Encore concert showcases the outstanding musicianship of HSC students from NSW schools as singers, instrumentalists and composers. Presented by the NSW Education Standards Authority in association with the Department of Education, Encore is an exciting opportunity for current music students, teachers and the general public to see and hear a selection of exemplary works presented for the 2019 Higher School Certificate Music examinations.

Bradley Howard from BHHS will be performing at this concert. For tickets, please visit [cityrecitalhall.com](http://cityrecitalhall.com)

### Choir

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The new SATB choir successfully had the first rehearsal last Wednesday. The choir rehearses every Wednesday from 2:30pm to 3:06pm. We are still accepting new choir members, for more information, please come and see Ms Kim.

### In Concert

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#### 1st and 2nd Rehearsals: 3/3/20, 4/5/20 Performance Date: 19/5/20

BHHS A Cappella group and selected members of the choir will be involved in 'In Concert' this year. 'In Concert' is a dazzling choral and instrumental music showcase hosted by the NSW Arts Unit, featuring Australia's premier Public Schools Music Ensembles and the Combined Secondary Schools Choir at the beautiful Sydney Town Hall.

## Meet the Music

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### Performance Dates for 2020: 27th Feb, 24th Sep, 15th Oct & 5th Nov

20 music students will attend Meet the Music, Sydney Symphony's annual concert series. This year, SSO will perform La Mer, Dvorák Cello Concerto, Rachmaninoff Piano Concerto no.2, Mozart Piano Concerto and Tchaikovsky.

## Schools Spectacular

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### Performance Dates for 2020: 27th & 28th Nov

Applications for the 2020 Schools Spectacular are now open! Students wishing to make an individual application as a featured solo artist, please visit the following links. For more information, please see Ms Kim.

Featured Vocal and Backing Vocalist Application:

<https://www.artsunit.nsw.edu.au/featured-artists-backing-vocalists-application-form>

Featured Instrumentalist Application: <https://www.artsunit.nsw.edu.au/schools-spectacular-2020-featured-instrumentalist-application-form-0>

## TDP, Talent Development Project

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### Applications Now OPEN!

Since 1991, the Talent Development Project have auditioned thousands of NSW public high school students who are passionate about the entertainment industry. Each year, supported by the Department of Education as a major sponsor, selected performers are given the opportunity to work with the leading music industry consultants to develop their skills as vocalists, singer-songwriters and instrumentalists.

All singers, singer-songwriters, musical theatre performers, instrumentalists and bands of all genres, in years 10-12 at NSW public high schools are eligible to apply.

For more information, please visit the link or see Ms Kim.

[www.talentdevelopmentproject.org.au/apply-now/](http://www.talentdevelopmentproject.org.au/apply-now/)

## Music Ensemble Rehearsal Schedule

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### A Cappella

Tuesday Lunch G13 Choir

Wednesday 2:30-3:06 TLC

### Additional Events Choir

Thursday Lunch G14



## Year 8 Music

Year 8 students work through melody and accompanying chords to produce a classic rock song. Students demonstrate a swing rhythm, 12-bar blues structure, and co-ordinate calculated timing of beats. Well Done Year 8!



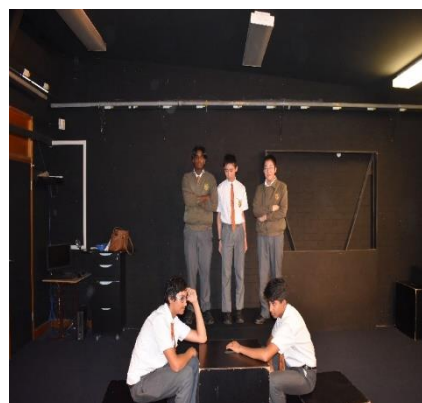
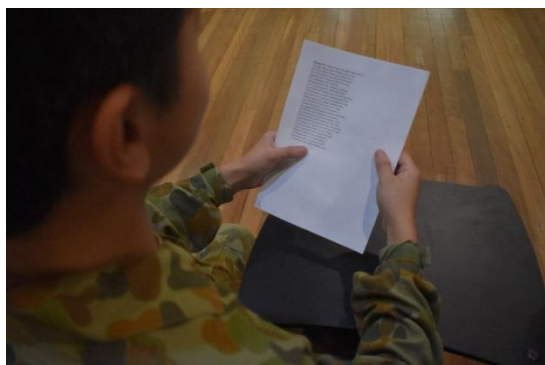
## Drama

Year 9 Drama students have been working on improvisation this term with a focus on accepting and extending offers. They have been focusing on making physical offers and using performance space effectively to create engaging performances. It has been so great to see them making such a great start to their study of Drama.





### Year 10 Drama



Calling all dancers, musicians and actors from any grade; you don't have to be studying Drama or Music! Mrs Eisermann and Mrs Arblaster are busily organising the Shakespeare Carnival which will take place early next Term and we need you!. All students are welcome to sign up for this performance opportunity in the categories of performance, music composition, shortfilm, dance and movement. Join the Google Classroom for further details- **Code: 7s2nisc.**

Year 9 200 hour Drama has been busy learning theatre sports games which allow the students to become aware of how to move onstage, the importance of accepting offers when improvisation, and working as a team. The students have utilised their quick thinking, creativity and imagination to create comical and engaging scenes. These skills are now being transferred to a playbuilt performance which forms their first Assessment. Students are also writing a log book reflection to demonstrate how their performance progressed from an idea to a polished performance.

Year 10 100 hour Drama has been working on scripts from the great Bard, Shakespeare! We have built on their English studies knowledge and delved into how Shakespeare utilises iambic pentameter in his cleverly crafted verse, his use of a Non-naturalistic acting style and the different types of plays he produced. The students have workshopped soliloquies, duologues and group scenes from some of his most iconic plays. They are now working towards a performance for their Assessment where some will be chosen for our Shakespeare Carnival. We are looking forward to their performances!

## Visual Arts

Support 2 have been enjoying creating a variety of successful artworks exploring the elements of design, tone and shape, in the medium of painting. Above are a few of their excellent tonal landscapes.



Support 2 enjoying exploring tone, shape and colour through tonal landscape paintings.





## Support 3 Superstars!

What a fantastic group of students who apply feedback and love learning about famous artists such as Vincent Van Gogh.



## Photography

Year 9 Photography students have been learning about both slow and fast shutter speeds. On Thursday 27/2 they had a fun lesson filling balloons with water and capturing the moment the balloon popped. Students achieved excellent results and are to be commended on their efforts.



## Wakakirri 2020 at Baulkham Hills High School

Great stories can open hearts and minds and inspire change. Wakakirri is a Story-Dance festival where schools aim to do just that! Wakakirri is Australia's Largest Performing Arts Event for Schools with separate events for Primary, Secondary, Dance schools and schools in remote areas. Each year hundreds of schools across Australia create Story-Dances and perform in professional theatres in front of the official 'Wakakirri Panel' who are searching for 'Story of the Year'.

A poster for Wakakirri 2020. At the top, it says "SIGN UP OUTSIDE CAPA STAFFROOM NOW!" in bold black letters. Below this is a large teal circle containing the text "ARE YOU A PERFORMER? WHY NOT JOIN WAKAKIRRI 2020?" in white. Underneath the circle, there is a small text box explaining that Wakakirri is an Australian national Story-Dance festival for primary and secondary schools, running since 1992, and that the word means "to dance a story". At the bottom, the word "WAKAKIRRI" is written in large red letters, with "Australia's Largest Performing Arts Event for Schools" underneath in black.

**SIGN UP OUTSIDE  
CAPA STAFFROOM  
NOW!**

ARE YOU A  
PERFORMER? WHY  
NOT JOIN  
WAKAKIRRI 2020?

Wakakirri is an Australian national Story-Dance festival for primary and Secondary schools that has been running since 1992. Wakakirri is a word from the Aboriginal Wangaaypuwan people meaning "to dance a story".

**WAKAKIRRI**  
Australia's Largest Performing Arts Event for Schools

WAKAKIRRI 2020 IS HERE!!! We are so excited to be starting this journey with all Baulko's best performers. Wakakirri is an Australian national Story-Dance festival for primary and Secondary schools that has been running since 1992. Wakakirri is a word from the Aboriginal Wangaaypuwan people meaning "to dance a story". Add yourself to the Google classroom if you are interested. Classroom code is **3zyqpw**. Make sure you have put your name down on the sign-up sheet outside the CAPA staffroom and check the daily notices for our first meeting where you will collect notes and information. Thank you! Miss Pugliano

## Hills Relay for Life

Baulkham Hills High School is once again supporting Hills Relay for Life. A subgroup of the Outreach committee is currently exploring fundraising ideas and we would love the school community support in joining the relay team, sponsoring a walker, participating in some part of the walk and cheering our team on or in financially contributing to the fundraising efforts.

Our spirit and fundraising go to support the individuals with cancer and their carers. I know that a lot of people in our school community have had a family member or friend affected by cancer and this is a way of showing them our support.



## Hills Relay for Life Supporting those with Cancer.



Join us at Castle Hill Showground on the 16-17<sup>th</sup> May for all or part of the event. The relay goes for 24 hours.

Come down and take part on your own, with your family or friends.



Opening Ceremony: **9:30am Saturday**

Candlelight Ceremony: **6pm Saturday**

Closing Ceremony: **9:30am Sunday**



Register at <https://www.cancercouncil.com.au/event/relay-for-life-hills/>

Click register today, then join 'relay' and 'join a team'

Choose **Baulkham Hills High**

\$25 to get a shirt which you will be allowed to wear at school on allocated days

You will be required to fill in and submit a permission note prior to the event

You will get recognition for this activity on your report.







### NSW SCHOOL VACCINATION PROGRAM – SCHOOL NEWSLETTER TO PARENTS/GUARDIANS

Each year NSW Health works in partnership with schools to offer the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school vaccination program.

In 2020 the following vaccines will be offered:

YEARS	VACCINE	NUMBER OF DOSES
Year 7	Human papillomavirus (HPV) vaccine	2-doses at least 6 months apart
	Diphtheria-Tetanus-Pertussis (whooping cough) vaccine	Single dose
Year 10	Meningococcal ACWY vaccine	Single dose

Parent Information Kits that include an information sheet, consent form and privacy statement will be sent home to you by your child’s school. To consent to the vaccination of your child, parents/guardians are advised to:

- read all the information provided;
- complete the consent form, including signing your name next to each of the vaccine/s you would like your child to receive;
- return the completed consent form to your child’s school;
- ensure that your child eats breakfast and has food available to eat on the day of the school vaccination clinic

Parents/guardians who wish to withdraw consent for any reason may do so by writing to the school Principal or phone the school. The Procedure for Withdrawal of Consent is available on the NSW Health website at [www.health.nsw.gov.au/immunisation/Pages/withdraw\\_consent.aspx](http://www.health.nsw.gov.au/immunisation/Pages/withdraw_consent.aspx).

Students who return a consent form to school but are absent on vaccination day, will be caught up on subsequent school vaccination clinics, during Year 7 or 8 (for HPV and dTpa vaccines) and during Year 10 or 11 (for Meningococcal ACWY vaccine).

A Record of Vaccination will be provided to each student vaccinated at each clinic. You should ensure that this record is kept for future reference. Please do not assume that your child has been vaccinated if you do not receive this Record of Vaccination. Vaccination records will be uploaded to the Australian Immunisation Register (AIR) to support complete vaccination histories.

For further information:

Australian Government Department of Health website

<https://www.health.gov.au/resources/videos/getting-your-hpv-dtpe-vaccinations-at-school-what-to-expect>

<https://www.health.gov.au/resources/videos/getting-your-meningococcal-acwy-vaccination-at-school-what-to-expect>

NSW Health website <https://www.health.nsw.gov.au/immunisation/Pages/schoolvaccination.aspx>

Contact Parramatta Public Health Unit on 9840 3603

Public Health Unit  
Oxgangs, Building 68  
Cumberland Hospital  
LMD 7118, Parramatta, NSW 2124  
Tel 9840 3603 Fax 9840 3608



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### POSSIBLE ANSWERS TO FAQ FROM – **YEAR 7 PARENTS/GUARDIANS** – A SCHOOL GUIDE

1. **My child had diphtheria, tetanus and pertussis (whooping cough) vaccine when they were aged 4, will he/she need the one offered at school?** "Yes, this is a booster dose that all students now need to receive in Year 7."
2. **Human Papillomavirus Vaccine (HPV) is given to boys as well as girls, why?** "The vaccine used in Australia, called Gardasil 9® is very effective in reducing cervical cancers in women and genital warts in both men & women caused by an infection called Human Papillomavirus. This virus also causes cancers in other parts of the body, including the vulva, vagina, penis and anus. As the infection is spread through sexual contact, to reduce the effect of these diseases amongst all males & females during adulthood, the Federal Government provides free Gardasil 9® vaccine to both boys and girls. The vaccine works best if given prior to sexual activity. *Gardasil 9® is recommended as a 2-dose course vaccine for 12 – 13 year olds or Year 7 students. If vaccination is delayed till after the 15<sup>th</sup> birthday a 3-dose course is required.*"
3. **I've heard that the HPV vaccine causes bad side effects – some students faint, I'm worried about these side-effects on my child. How can they be prevented?** "HPV vaccine is generally well tolerated. Common side effects are mild and usually involve pain, swelling and redness at the injection site. Serious side effects are extremely rare. Fainting can occur after receiving any injection, and is a fear response to a situation; this response may increase within the school environment due to the response of friends. The nurses are very experienced in dealing with this situation and all students are observed for a short time following vaccination. You can assist your child by ensuring they have a good breakfast before leaving home and provide them with ample food and water to consume during the day."
4. **My child is very nervous about having needles and the potential pain, I want him/her to use an Emla® patch or numbing cream, is that OK?** "Sure, if you ask your child to bring the patches into school on the morning of the clinic, school staff will organise for the nurses to put the patches on for your child 20 to 30 minutes before your child gets vaccinated. This way, the patches will be in the correct position and the nurses will be able to slot your child in at the correct time."
5. **Will I know what vaccines my child has received?** "Yes, all students are provided a Record of Vaccination card with all vaccines given on that day, information includes the date, time, and batch number of each vaccine given. Please retain this document for future reference. Records will be uploaded to the Australian Immunisation Register (AIR) to provide a complete immunisation history for you child."
6. **Where can I find more information about vaccines in the School Vaccination Program?**

NSW Ministry of Health website: <http://www.health.nsw.gov.au/immunisation>

National Centre for Immunisation Research and Surveillance (NCIRS) website:

<http://www.ncirs.edu.au/provider-resources/ncirs-fact-sheets/>

Australian Government Department of Health website:

<https://www.health.gov.au/resources/videos/getting-your-hpv-dtpa-vaccinations-at-school-what-to-expect>

Cancer Council Victoria website: <http://www.hpvvaccine.org.au>

Parramatta Public Health Unit: (02) 9840 3603





Trim No: 20/8160

### POSSIBLE ANSWERS TO FAQ FROM – YEAR 7 STUDENTS – A SCHOOL GUIDE

- 1. Does it hurt/ what does it feel like?** This is the most asked question and probably the hardest to answer! Year 7 students have not received any vaccines within a school program before, therefore we need to provide students with a direct & honest answer on the sensations to be expected without lying, catastrophising or withholding information:  
*Suggestions:* "It may feel like a little pinch; a sting; a tingle, or like a mozzle bite, but the more relaxed you are the less you may feel" or "Everyone feels things differently, tell me after what you think."  
The student may find it unhelpful if you use comments like "it'll be alright" or "I know it's hard" or "I'm sorry you have to go through this" or "You're being a baby."
- 2. How long will it take?** "The nurse will ask you some questions about you and your health. Then the nurse will explain what to expect and provide you with a distraction toy or start a conversation with you. If you follow the nurse's directions, the vaccine will only take a few seconds to be given. After vaccination the nurse will complete your Record of Vaccination card and provide you with further information. You will be back with your classmates within 5 minutes."
- 3. I'm fasting, can I take this injection?** "If you are fasting for religious purposes it is fine for you to be vaccinated. But please be aware that if you are feeling unwell after the vaccination you may be required to break your fast to drink water and recover."
- 4. What do I do if I'm not at school next visit?** "That's OK; every effort will be made for you to catch up when the nurses next visit our school."
- 5. Why do I get asked if I'm pregnant? (Girl's only!)** "Although this may seem a very silly question, especially as you are only in Year 7, please don't be alarmed! This question is always asked to females before a vaccine is given, certain vaccines should be avoided during pregnancy as it may affect the developing baby."
- 6. Why does everyone tell me to eat and drink well during the day?** "Sometimes if you are feeling particularly fearful of having an injection you produce a chemical in your body called adrenaline, this can give you a feeling of wanting to run away and/or having butterflies in your stomach. Eating and drinking well both before and after vaccination makes you feel better, faster."
- 7. I'm scared of having a needle, what should I do?** "Make sure you have a good breakfast on the morning of the clinic. Please come and see me at the beginning of the day and I will slot you in early to see the nurses."
- 8. I forgot to bring my consent form in, what should I do?** "If your parent can't drop it into school this morning, then the nurses cannot vaccinate you until the next clinic. Please return your consent form to school tomorrow and it'll be kept at school ready for the next clinic. There is no need for you to visit your local doctor."
- 9. What if I feel unwell after vaccinations?** "Just let the nurses know and they will look after you"

**Need more information about what to expect on the day? Watch this video: -**

<https://www.health.gov.au/resources/videos/getting-your-hpv-dtpa-vaccinations-at-school-what-to-expect>

SCHOOL RECEPTION INFORMATION – SCHOOL VACCINATION PROGRAM 2020



### Baulkham Hills High School

#### Year 7 Clinic - 1st dose HPV and dTpa vaccine

- 26th March 2020
- Plus catch-up for some Year 8 & 11 students



#### Year 10 Clinic - Meningococcal ACWY vaccine

- 18th June 2020
- Plus catch-up for Year 7, 8 & 11 students
- Any Year 7 student who was absent or missed returning their consent form at 1st Visit will be caught up through-out the year



#### Year 7 Clinic - 2nd dose HPV vaccine

- 22nd October 2020
- Plus catch-up for any Year 7, 8, 10 & 11 students
- Questions? Contact Public Health on 9840 3603



## School Opal Cards for bus travel

As part of our campaign against fare evasion, and our on-going commitment to provide the level of service needed to transport students to and from your school, Busways conducts regular checks of School Opal card.

All students must be in possession of a valid Opal card or pay a fare.

Students in possession of an Opal card must also tap on/off with their card when boarding our buses.

This is important, because the Opal data collected determines the level of service we are able to provide to your school. If students don't tap on and off, the services will appear under utilised and may be considered for cancellation based on low passenger numbers.

To apply for a School Opal card or to report a lost or stolen card, go online to [www.opal.com.au/en/about-opal/opal-for-school-students/](http://www.opal.com.au/en/about-opal/opal-for-school-students/)

Students who are ineligible for School Opal will need to purchase a Child/Youth Opal card or pay a fare to travel on our buses.

Thank you in advance for your assistance and support.

[www.busways.com.au](http://www.busways.com.au)



## Parking Rules & Penalties

**Council's Compliance Officers enforce parking signs at your school.**

When it comes to the safety of vulnerable road users like school children, drivers found breaking the law will be met with zero tolerance. When an offence is detected, you will be fined.



### NO STOPPING

You must not STOP at any time. Stopping includes when the vehicle is not moving but the engine is still running.

**SCHOOL ZONE**  
Penalty from \$344 and 2 demerit points



### BUS ZONES

You must not stop your vehicle in a Bus Zone unless you are driving a public bus. Stopping includes when the vehicle is not moving but the engine is still running.

**SCHOOL ZONE**  
Penalty from \$344 and 2 demerit points



### NO PARKING

You can stop only to drop off or pick up passengers or goods and you must not stop for more than 2 minutes and The driver must stay within 3 metres of your vehicle. Stopping includes when the vehicle is not moving but the engine is still running.

**SCHOOL ZONE**  
Penalty from \$191 and 2 demerit points



### DRIVEWAYS

You must not park your car over or block access to a driveway. You can stop in a driveway to drop-off or pick up passengers BUT only for less than 2 minutes AND the driver must stay with the car.

**SCHOOL ZONE**  
Penalty from \$344 and 2 demerit points

3 Columbia Court, Baulkham Hills NSW 2153  
PO Box 7064, Baulkham Hills NSW 2153  
Phone 02 9843 0555 Email [council@bshills.nsw.gov.au](mailto:council@bshills.nsw.gov.au)  
Facsimile 02 9843 0409 [www.bshills.nsw.gov.au](http://www.bshills.nsw.gov.au)



## There are now increased penalties and demerit points associated with all offences in School Zones.

	<p><b>NO PARKING</b></p> <p>You have no more than 2 minutes for drop-offs or pick-ups and must stay within 3 metres of your vehicle.</p>	<p>Penalty from \$191 and 2 demerit points</p>
	<p><b>NO STOPPING</b></p> <p>Under no circumstances are you permitted to stop on a length of road to which a No Stopping Sign applies.</p>	<p>Penalty from \$344 and 2 demerit points</p>
	<p><b>BUS ZONE</b></p> <p>You must not stop your vehicle in the indicated zone unless you are driving a public bus.</p>	<p>Penalty from \$344 and 2 demerit points</p>

Double parking	\$344 & 2 demerit points
Stop on path or nature strip	\$344 & 2 demerit points
Stop on / near marked pedestrian/children's crossing	\$457 & 2 demerit points
Approach children's crossing too quickly to stop safely	\$572 & 4 demerit points
Illegal U turns	\$457 & 4 demerit points
Stop across driveway	\$344 & 2 demerit points
Drive using a hand held mobile phone	\$457 & 5 demerit points
Parallel park close to (within 3 metres) double centre line	\$344 & 2 demerit points

**FINES CURRENT AS OF JULY 2019**  
 For a complete list of school zones offences visit [www.rms.nsw.gov.au](http://www.rms.nsw.gov.au)

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