Issue #10

29 March 2021

Baulkham Hills High Newsletter



www. baulkhamhillshighschool.com.au



SRC Wellbeing Day

In this issue:

From the Principal's Desk Baulko News – Masters Academy Debating and Public Speaking Band News SRC Wellbeing Day Creative and Performing Arts Faculty News Wellbeing News: Opportunity for Year 8 Students: 'Future Proofing' Study Recreational Sport Costs Term 2 & 3 - 2021 Relay for Life - May 15th 3-8 pm Careers News

Website Link: http://www.baulkhamhillshighschool.com.au

From the principal's desk:

Conaratulations to our students who have applied themselves diligently during Term One 2021. So many activities are happening at BHHS – it is fantastic to see the way our students get involved both with their own studies and with the broad of activities ranae and opportunities BHHS. at Expanded details of extracurricular activities will be published during Term 2 2021.

Assessments continue across the school for all years. Year 11 are in Buffer Week. Please continue to follow COVID-19 health guidelines (https://education.nsw.gov. au/covid-19/advice-forfamilies#School2), stay well, and do your very best.

One of the key restrictions being eased in NSW is the use of face masks on public transport. From Monday 29 March, face masks will be strongly recommended (but not mandatory) for staff and students over the age of 12 when travelling to and from school and during school

Calendar 2021



This calendar is subject to change so please check carefully each week for any alterations. A whole year calendar is on the school website at <u>www.baulkhamhillshighschool.com.au</u> Term 1

Iermi
Week 10
Monday, 29 March
Y11 Buffer Week 29/3 to 1/4 incl.
Y11/12 Assessments 29/3 to 1/4 incl.
Y9 RAW Challenge P1-8 (Cardiff)
Y11 & Y9 Acc Society & Culture Assessment Task in class (Morales)
Y11 SDD Assessment Task 1 in class P1&2 and 5&6 (Dunne)
Y7&8 APSMO Maths Competition in class (Hoang)
Yo Commerce Description Tark Due (Maggleo)
Y9 Commerce Research Task Due (Mogoko)
Tuesday, 30 March
Y10 History Source Test P1,2,6&8 (Reid)
Y9 Food Tech Practical Exam P3&4 (Payne)
Wednesday 31 March
Y7 Interim Reports Issued
11 James O Crade Trick and Dee Spert Selections DF 9 (Fileward)
Y8-11 Term 2 Grade Trials and Rec Sport Selections P5-8 (Filewood)
Y7 and Peer Support Leaders – P5 (laconis)
Thursday 1 April
Y7 History Source Test (Thurlow)
Y9 History Source Task (Thurlow) (Reid) (Kite)
Friday 2 April – GOOD FRIDAY
Term 2
Wook 1
Week 1
Monday 19 April - Staff Development Day (Pupil Free Day)
Tuesday, 20 April
Students commence
Y11/12 Assessments 20/4 to 23/4 incl.
V0 liston (Oral Task in class 20/4 to 20/4 incl. (Kito)
Y9 History Oral Task in class 20/4 to 29/4 incl. (Kite)
Wednesday, 21 April
Thursday, 22 April
Y7 and Peer Support Leaders P6 (laconis)
Friday 22 April
Friday 23 April
Prefect run Anzac Day Ceremony P7&8 (Kite)
Sunday 25 April ANZAC Day Dawn Service (Cadets)
Week 2
Monday, 26 April
Molidady, 26 April
Y11 Assessments
Y8-11 Shakespeare Carnival Rehearsal & Performance P1-8
Y9 History Oral Task in class 20/4 to 29/4 incl. (Kite)
Y8 Check-in Assessment (Greenlees)
Tuesday, 27 April
PRC Conoral Monting 7 30pm
P&C General Meeting 7.30pm
Wednesday, 28 April
Thursday, 29 April
Y12 Camp 29/4 to 30/4 incl.
Friday 30 April
V10 Minimum Stern develo Testin e D1 ((Sinone ana)
Y10 Minimum Standards Testing P1-6 (Simmons)
Y10.5 Food Tech Practical Exam P7&8 (Payne)
Week 3
Monday, 3 May
Y7 and Peer Support Leaders session P6 (laconis)
Ye visual Arts Examin places 2/5 to 7/5 in al (Dupliana)
Y8 Visual Arts Exam in class 3/5 to 7/5 incl. (Pugliano)
Tuesday, 4 May
Wednesday, 5 May
Thursday, 6 May
APSMO Maths Compatition in class (Llassa)
APSMO Maths Competition in class (Hoang)
Friday 7 May

Issue #10

29 March 2021

excursions by public transport, or by chartered or private transport services. Further updates about other COVID-19 restrictions will be published by the NSW DoE today, and will be provided to our community as soon as possible.

Staff will resume on Monday 19 2021 with April our School Development Day. Professional learning for staff on this day will include BHHS Strategic Improvement Plan and Self-Surveys, Assessment Literacy Workshops and Faculty Planning. All students return on Tuesday 20 April 2021.

Congratulations to Cloris XU (Year 9) who has been named as the reserve for the Australian Team for the European Girls Mathematical Olympiad which will be held on the 9th to the 15th April.

On behalf of all BHHS staff, I would like to wish our students and our community a very happy school holidays. I hope you have the opportunity to recharge and refresh over the two-week school holiday period.

Wayne Humphreys Principal



Baulko News

Masters Academy - Debating and Public Speaking

Invest in your child's speaking skills and confidence.

Debating and public speaking are great catalysts for learning invaluable communication skills.

Although not all students will go on to compete in debating and speaking competitions, all students will need to master active listening, critical thinking and learn to communicate effectively.

Through the practice of debating and public speaking, students will learn persuasive language, critical thinking and logical thinking skills, while gaining a deeper understanding of key knowledge areas, such as health, economics, history, law, politics, media and current affairs.

We teach these key life-skills through activities, teamwork, discussions and participation in classroom debates at your school.

Enrol now for Term 2: <u>enrol.mastersacademy.com.au</u>

Masters Academy Team

Office: (02) 9136 2482 Email: <u>team@mastersacademy.com.au</u> Website: <u>www.mastersacademy.com.au</u>

Run by Masters Academy - more information is available at the office



Band News

BAND CAMP

The band camp will be held from **30th April to 2nd May** at **Crusaders Galston Gorge at Galston**.

All Junior, Intermediate and Strings ensemble band members are invited to attend the band camp. Permission slips will be sent out soon via email and google classroom.

The cost for the band camp is \$275. More details will be given in the permission slips. The last date to submit the permission slips is **2nd of April 2021**.

We urgently need parent helpers to help out with the band camp and interested parents can please reach out to <u>bhhsbandcom@gmail.com</u>

<u>Reminder: please return permission note and provide payment ASAP so we can finalise the numbers.</u>

PART TIME BAND ADMIN ROLE

The Baulkham Hills High School band program has a position vacant for a band administrator. The role is salaried, averaging 10 hours work per week as there are very busy times at the start and end of the school year and less work during latter part of Terms 2 and 3. Great flexibility working from home. Must have own computer. Excellent communication and organisational skills required.

Role involves:

- · Responding to email enquiries in a timely manner
- · organising band camps and registering events as required
- · Liaising with band committee and Conductors
- maintaining accurate band rolls
- maintaining accurate contact data base
- attending band meetings (usually once per term)
- · scheduling audition days

Musical knowledge is not essential.

Applications and CV to be emailed to The Band Administrator <u>bhhsbandcom@gmail.com</u>. Applications close 7th June,2021. Start date 12th July

Thank you, Band Committee



Issue #10

SRC Wellbeing Day

Last Tuesday Week 9, SRC held Wellbeing Day, which aimed to help Year 12s, Year 11 and Year 10 accelerants destress before their upcoming half yearly exams this week. A free morning tea was provided for them in the senior study during recess, and the area was also decorated with compliments and kind messages from the student body and teachers. SRC also handed out bubbles to all students during lunch in fairy wings, lifting up the spirits of the entire school despite the rainy weather. A huge thank you to the SRC who organised this event, and best of luck to the Year 12s for their exams!





29 March 2021



Procedure for Late Arrivals

If a student arrives at school late, they must provide a note to the office signed by their parent/guardian when signing in giving reasons for their partial absence. The student needs to sign in at the Office when they arrive at school including senior students with study leave in the morning. The student will be issued a late arrival pass which they can present to their teacher when they arrive in class.

If a note is not provided from home, the student will be issued with a late pass slip which is signed by a parent/guardian. The signed slip must be handed into the office the next day or within 7 days.

Senior students with Study Leave must be in by Recess

Procedure for Early Leavers

If a student needs to leave school early, they must provide a note from their parent/guardian giving reasons for their partial absence. The student needs to get the note signed by a Deputy Principal before school and hand into the office by 8.30am where they will be issued an early leave pass. The student can then present the pass to their teacher and leave school at the time advised on their early leave pass.

Senior Students with Early Study Leave permission should sign out at the office before leaving School.

Early Study Leave for Senior students - Sign out is at lunchtime





Creative and Performing Arts Head Teacher Report:

All of our CAPA students have already demonstrated in 2021 they are looking forward to a year of imagination, creativity, hard work and boundless opportunities. I have loved visiting classrooms this term and seeing students working hard to achieve their potential across our range of practical subjects.

A very special mention to Linda Ye (Year 12 Visual Arts Cohort 2020) whose artwork was displayed at Art Express at the Armory Gallery. Linda's artwork was used for all of the promotional material around Olympic Park. ARTEXPRESS at the Armory is an exhibition comprising major works submitted by HSC Visual Art students. It is in partnership with the NSW Department of Education, the Arts Unit and the NSW Education Standards Authority. This year's exhibition contains exemplary works by 60 students that were created in the midst of the COVID-19 lockdown. Again, it will be the largest of all the ARTEPRESS exhibitions, and will showcase works by students from western Sydney. We are very proud of Linda's achievement and encourage the Baulkham Hills community to visit the Armory Gallery at Olympic Park whilst the exhibition is still open.

2 March - 25 April 2021

10am - 4pm

Armory Gallery, Newington Armory Sydney Olympic Park

ARTEXPRESS at the Armory 2021: Threads of connection





Issue #10

29 March 2021

Congratulations to Year 8 student Ananya Madabhushanam who has recently been selected into the PULSE Dance ensemble. The PULSE Western Sydney Senior Dance Ensemble is an ensemble for talented students from NSW public schools which rehearses weekly in Western Sydney. She has already started rehearsals in preparation for upcoming performances.



I would also like to make special mention to our sensational musicians:

- Elizabeth Seo (Year 11)
- David Ahn (Year 10)
- Elin Wei (Year 11)
- Ethan Wijaja (Year 11)

These four students have been volunteering their time to perform at many school functions and events including Graduation, Presentation Night and most recently Meet the Teacher evenings. They demonstrate exemplary musicianship and sophistication in the repertoire they play for their audience. Congratulations and thank you to these students.





Please encourage your children to get involved and have a go at the variety of programs we have running in the Creative and Performing Arts faculty to expand and strengthen their skills across all of the arts. Interested in joining a CAPA club? Why not join one the following?

- Mural Club
- Events Team
- Choir (In Concert/ Schools Spectacular)
- A Cappella Vocal Ensemble
- Dance Ensemble
- Theatre Sports
- Schools Spectacular

If you are interested and not already involved please send your child to the CAPA staffroom to express interest.

We aim for extraordinary results with all of our students in the Creative and Performing Arts Faculty. To assist us developing your sons and daughters, it is essential that each student in our classes has the appropriate equipment for each lesson. Please check with your child to ensure that all students are prepared for each lesson.

Miss Kristy Pugliano

Head Teacher of Creative and Performing Arts

Music Report

Easter is coming soon and everyone is excited to wrap things up as the end of the school term is approaching. It has been a pleasure and a wonderful experience for me so far to have engaged so many of our Stage 4 students in Music, who all seem to have enjoyed a fun and productive term. Year 7 and 8 students have all been busy with lots of music performance activities in class and have been keen to share the musical skills and knowledge they have experienced so far. Lots of performances are occurring in class as students present and showcase their performance skills for their first performance assessment task of the year.

Year 7 students have all been hard at work with their individual practice on the class assessment pieces for the term: Count on Me by Bruno Mars and Bolero by Maurice Ravel. Each student is performing arrangements on either of these pieces on an instrument of their



Issue #10

29 March 2021

own choice as they demonstrate their performance skills to the class for the 'Concepts of Music' unit. The variety of performances presented so far have been spectacular, with student performances ranging from outstanding piano playing, singing and even whistling performances! It brings me joy to see so many students challenging themselves, learning to overcome stage fright, having a go and having fun in the process with this Music performance task. Wishing them all the best and to keep on persevering with their practise!

Year 8 students have also been hard at work with their performance assessment for the 'Rock Music' unit. Each class has chosen either Rock Around the Clock by Bill Hailey and his Comets or I'm a Believer by the Monkees to perform together as a class ensemble performance. During this term, students have engaged and learnt about various keyboard and guitar playing skills including following chord progression charts, understanding chord diagrams and reading notation such as Guitar TAB. Many students continue to enjoy the practical work and have been keen and eager to demonstrate their talent on the keyboard, drums, amplified bass and electric guitar. It's been pleasing to see the students working so well together in the class ensembles and I wish them all the best for their performance practise.

As Term 2 approaches, the Baulko school Choir is now recommencing again and is available to all students who are interested in joining. We will have specific details on rehearsal time and expectations in the last few weeks of Term 1. Look forward to seeing all the students keen on joining in on the fun!

Any enquiries about ensembles and music-related activities can be directed to Ms. Kim and Mr. Li in the CAPA staffroom in G-Block.







29 March 2021

Issue #10

8B students have continued to explore Rock Music. They just had their first performance assessment of the year. Students chose the level of performance and performed on their preferred instrument. The class ensemble played 'La Bamba' and it sounded great!



Year 12 extension music students are rehearsing for their upcoming performance assessment.







talent development project.

celebrating 30 years.

The Talent Development Project Foundation (TDP) was established in 1991 as a means of cultivating the extraordinary talent being unearthed at the annual Schools Spectacular. It is now the most successful youth training and development program in the music and entertainment industry in Australia.

Talent Development Project are excited to announce applications are **OPEN** for students to audition for the 2021/2022 school program!

All singers, singer-songwriters, musical theatre performers, instrumentalists and bands in years 10-12 at NSW Government high schools are eligible to apply.

To be a part of the program, please click on link below to go to the online application form.

https://www.talentdevelopmentproject.org.au/apply-now/

All Auditions will be via <u>VIDEO SUBMISSION</u>.

APPLICATIONS WILL CLOSE 31st MAY 2021 AT 5PM.



Drama Report

Year 10 - 100 hrs

Students having continued their engagement with the acting methodology of Stanislavski, learning to apply his methods to Shakespearean duologues through their study of love and murder. They have shown that they can create and maintain believable characters while engaging audiences.

Students are currently researching a Shakespearean play to adapt and modify for the Shakespeare Carnival Performance Evening.

Students have been excited to work with scripts and experiment ideas and situations outside their experience.



Year 9 - 200 hrs

Students have been developing their narratives for the International Youth Silent Festival, exploring the history and development of this style of film. As part of their studies they have researched genre and presented their findings, reflecting on how to apply their learning to their own film projects.





They have also begun exploring film and the opportunities that technology offers through the use of green screens and editing technology, completing exercises on building clone armies, flying and ghosts.

As part of this process they have also been exploring the importance of planning and camera positioning, considering the consequences of opportunities of different shots.

Students have appreciated the opportunity to create new worlds and begin to create something that can be disseminated to larger audiences.



Year 9 - 100 hrs

The 100-hour course have completed a short unit on physical theatre and clowning. As part of their studies they have examined Tony Award winning artists and the evolution of clowning as an art form.

As part of their studies, they developed unique personas for their clowns through the choosing costumes, developing walks and playing with exaggeration. As their studies have progressed they have considered narrative convention and timing within performance, to manipulate and engage audiences.

The unit culminated with short performances, filmed for them to reflect upon before they give live performances in term 2.



Visual Arts Report

Year 9 Visual Arts

Year 9 Visual Arts are working on their own Body of Works based on the theme 'photorealism'. Students have chosen to explore different textures like chrome, marble and fur through painting and drawing to create their own works. Featured are some work in progress images of some of their excellent work.





29 March 2021



Year 7 Visual Arts

Students are now in the final stages of their Howard Arkley inspired artworks. Using water colours and bold black lines, students have turned famous landmarks around the world into vibrant works for the upcoming Year 7 exhibition.





Year 8 Visual Arts

Year 8 have developed some wonderful perspective drawings of their school using a variety of drawing materials and techniques. They have explored different materials throughout their drawing process and are in the final stages of adding details to the artworks using tone and texture. They are reflecting on these works and the steps they have taken to create them by composing a written artist's statement. They are considering the mood and feelings expressed in their work by analysing their artworks. I look forward to reading their statements and seeing the finished results as they present these in class at the end of the term.

Year 8 perspective works in progress:



Michelle Nguyen



Dylan Huynh

Year 9 Photographic and Digital Media

Year 9PDM students have been enjoying leaning how to a use the Digital SLR Camera. One of the first tasks is to create a series of images exploring the effects created when changing.



Ada Hu

Erin Tran



Year 9 Photographic and Digital Media (continued)



Sarah Leekin



Sowon Lee



Erin Tran



Sowon Lee

The Creative and Performing Arts staff wish the BHHS community a safe and Happy Easter!

Procedure for Sick Students

Students who are sick in class should see a teacher for written permission to go to sick bay. They must go to sick bay (which is in the Front Office) and follow instructions from the office staff, who will contact a parent/guardian when necessary. Sick bay is used for a short time only. Students should not call their parents first. Please be advised the school does not supply any medication (panadol).

If students are sick please stay home until you are well. Please provide a Medical Certificate if you are absent from school for 3 days or more.



Wellbeing News:

Opportunity for Year 8 Students: 'Future Proofing' Study

Supporting the mental health of our students is a top priority at Baulko. As a result, I am thrilled to announce that our school is taking part in Australia's largest ever wellbeing study for high school students – the 'Future Proofing' Study. We'll be working with the Black Dog Institute and UNSW, along with 170+ other schools, to improve the mental health and wellbeing of Australian teenagers.

We all know 2020 was a difficult year and the wellbeing of our students has never been so important. That's why we're encouraging all Year 8 students to participate in this study.

Participating students will try out new mental health apps and complete 2 surveys about their health and wellbeing at school, each year until they are in Year 12. The surveys will ask about a wide range of issues important to young people, including health, emotions, friendships, school, and the impact of the COVID-19 pandemic. This program will also track student progress and better support their wellbeing.

Participation in this program will not impede on student's workload or class time, and will be overseen by myself and assigned supervisors from the Black Dog Institute.

Students need parent permission and a smartphone to participate. Please follow this link to read the study information sheet and complete the consent form: <u>https://www.fpstudy.org.au/Baulk</u>

We hope you consider your child's participation in this study. Even before COVID-19, research was showing that mental health concerns in teenagers are on the rise. Our school is keen to be part of the solution!

If you'd like to learn more, please feel free to watch this short information video from the research team: <u>https://youtu.be/Mf2OsMfFKSs</u>

Further information can be found at the following link: <u>https://unsw-my.sharepoint.com/:b:/g/personal/z3450507 ad unsw edu au/EXJg-</u> 4N4kJFCgFbiwyOOCgsBSW7b3mvnzJPAWXD7mt77zw?e=2raeeL

Similarly, if you have any further questions, please contact me on <u>Terryanne.fletcher1@det.nsw.edu.au</u>. I have also included the parent information pamphlet, which follows this, for more information.

Kindest regards,

Ms Terryanne Fletcher Head Teacher Wellbeing





Issue #10

29 March 2021

RECREATIONAL SPORT COSTS Term 2 & 3 - 2021 (T2 - 9 weeks + T3 - 9 weeks) for Years 8-11

<u>(T2 - 9 weeks + T3 – 9 weeks) for Years 8-11</u>			
Venue	Sport (no of students allowed)	Cost	
Anytime Fitness	GYM 24	\$144	
Old Northern Road Baukham Hills	G TM 24		
The Edge Castle Hill		4070	
Rock Climbing	ROCK CLIMBING 24	\$270	
Peak Pursuits		4070	
Castle Hill	CREATIVE CLIMBING CENTRE 55	\$270	
Fred Caterson Tennis			
Castle Hill	TENNIS 55	\$235	
Hills Stadium	BASKETBALL 55	\$170	
Fred Caterson, Caste Hill	DASKE I BALL 55 (25/8 centre unavailable – no payment for this week)	φ <i>ιτο</i>	
,	· · · · · · · · · · · · · · · · · · ·		
AUSTRALIAN TABLE TENNIS ACADEMY	TABLE TENNIS 55	\$240	
Annangrove Road Annangrove	Price includes x1 bat (paddle)		
THE CENTRE		\$235	
Dural	FUTSAL 55	φ 2 33	
Baulkham Hills Indoor Sports	SQUASH 24		
Hills Street Baulkham Hills		\$144	
	×224.22	\$ 20	
School – TLC	YOGA 20	\$20	
School – B1	CHESS CLUB 30	FREE	
001001-01	CHESS CLUB 30		
School – DRAMA ROOM	THEATRE SPORTS 15	FREE	
Baulkham Hills Area	WALKING (unlimited)	FREE	
TORRY BURN RESERVE	RUN FIT (Ms Hardy) 20	FDFF	
	BRAND NEW SPORT IN 2021	FREE	

Your Recreational Sport selection can only be made online at https://www.schoolinterviews.com.au/

The code for Term 2&3 is: **vm54n**. The site will be open for use **Wednesday 31**st **March at 7:30pm and close Thursday 1**st **April at 7:30pm**. Site may also close early if bookings are completed.

After you have made your selection payments are made online at: <u>https://baulkham-h.schools.nsw.gov.au/</u> and must be received by **Friday 23rd April** (no student registration number or invoice number is needed for online payments. (Select the item 'sport' as the payment type).Numbers are limited in all sports. This is due to venue restrictions, availability of instructors & bus limitations. Only online registration will get you a place in your chosen sport. Payments made without online registration will not give you a place in that sport. All students doing walking will meet in the shed on Wednesday 21st April at the end of lunch to allocate teachers. Please still register online for walking to help us with understanding our numbers.

There are a lot of rec sport fees in Term 1 that remain unpaid.

Please pay as they are overdue. If you are not sure check at the Office for outstanding payments.



Relay for Life

May 15th 3-8 pm

Register for the event and join our school team

https://www.cancercouncil.org.au/relayforlife/teams/ei00213415/

Baulkham Hills High
Event: <u>Hills Relay For Life</u>
Team Captain: <u>Lisa Greenlees</u>
👤 1 Team Members
Join our team Donate to our team Connect on Facebook

Classroom code : bj4b313

Permission note and more information about the event is here. If you cannot go then you can still be part of the team by registering help organise events that will happen at school.





Careers News

Careers News - Create Your Career Google Site

Students can access this content via their @bhhs Google accounts. To help your child with their career development process, please see this link: <u>https://myfuture.edu.au/assist-your-child</u>

From the homepage, students can access all their <u>subscription resources</u>:

- Morrisby Online Career Profiling (aptitudes, personality, interests)
- Career Central (Career Management software)
- Study Work Grow (guides, updates, portfolio)
- The Careers Department (virtual work experience, audios, videos)
- From High School to Hireable (coming 2021 online interview skills course)

As well as content on <u>Careers Classes, Transition to Uni and the Workforce</u>, students have easy access to <u>useful tools</u>:

- Book a Careers appointment spreadsheet
- Careers Checklists
- Uni speakers at BHHS
- Year 12 Deadlines





29 March 2021

Issue #10





Issue #10

29 March 2021



myfuture has a new look!

Informed by feedback from users and experts, myfuture's updated website continues to provide access to high-quality and reliable career information from official sources, but its tools and resources have been restructured to make them easier to explore. A number of new features have also been introduced, including a 'My Favourites' section, glossary terms and tips to help students uncover new information and options.

As a government-funded service, myfuture provides free online resources and tools to support students to develop selfknowledge for career decision-making.

myfuture's personalised features assist young Australians to explore how their values, interests and skills relate to a wide range of career options and vocational and higher education pathways.

4	Complete My career profile activities
•	Use Career bullseyes to learn about career pathways related to school learning areas
+	Explore over 350 occupations
	Discover higher education and vocational education and training (VET) courses
30	Access important industry information, including employment prospects
	Get tips and tricks by reading real-life career stories
	Read career articles to discover practical information to support career exploration
é	Learn more about educational institutions and study options
5	Find out about organisations, career resources, opportunities and career pathways
1	Explore resources for teachers and career practitioners
*	Begin the conversation about the world of work as a parent or carer

myfuture also offers targeted resources and professional development opportunities for those who support or influence career choices, such as teachers, career practitioners, parents and carers.

Explore the recent updates: https://bit.ly/myfuture20



Issue #10

29 March 2021



IMPORTANT REMINDERS

Student Drop off/Pick up. A reminder to follow all parking and traffic rules when dropping off or picking up your student from BHHS. Please allow your student to walk a few minutes from the gate to meet your vehicle at the end of the day – this helps to ease traffic congestion and improves safety in the afternoons. Students using the bus bay – remember to walk at all times in that area.

Travelling Home from School by Bus using the Bus Bay

- Wait behind the white line leaving room for students to move down the walkway to their bus
- Don't cross the yellow line until you are ready to board a bus
- Always follow teacher directions
- Have your Opal card ready and wear your mask as per Covid 19 Govt regulations when boarding bus
- If catching the 601 on Windsor Rd beware of crossings, follow directions remember your manners



Symptoms of COVID-19

Symptoms of COVID-19 include

- Fever (37.5 ° or higher)
- cough
- sore/scratchy throat
- shortness of breath
- loss of smell or
- loss of taste.

Other reported symptoms include

- fatigue
- runny nose
- muscle pain
- joint pain
- headache
- diarrhoea
- nausea/vomiting
- loss of appetite.

In more severe cases, infection can cause pneumonia with severe acute respiratory distress.

When COVID-19 symptoms appear

The amount of time between exposure to the virus and the first appearance of symptoms is usually 5 to 6 days, although it may range from 2 to 14 days.

People who might have been in contact with someone who is confirmed to have COVID-19 should <u>self-isolate</u> for 14 days.

You should prevent the spread of viruses, by keeping your <u>hands clean</u>, not touching your face and <u>keeping your distance</u> from other people.

