

# Baulkham Hills High Newsletter



[www.baulkhamhillshighschool.com.au](http://www.baulkhamhillshighschool.com.au)



**Sydney West Table Tennis Competition**

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## From the principal's desk:

**NAPLAN** will be completed by all Year 7 and 9 students this week. NAPLAN is an annual assessment for all students in Years 3, 5, 7 and 9. It tests the types of skills that are essential for every child to progress through school and life. The tests cover skills in reading, writing, spelling, grammar and punctuation, and numeracy. Thank you to Mr Simmons for his organisation of NAPLAN at BHHS, and all staff for their work in supporting our students in completing the assessments.

BHHS does not organise any event along the lines of a Year 10 Formal. This is because our students do not leave school at the end of Year 10. A school formal is held for Year 12 at the conclusion of their schooling. Should you receive any information about a Year 10 Formal, please be clear that this is NOT a Baulkham Hills High School event.

Students should not attend school if unwell, even with **mild symptoms of COVID-19**. Any student with COVID-19 symptoms



### CALENDAR 2021

This calendar is subject to change so please check carefully each week for any alterations. A whole year calendar is on the school website at [www.baulkhamhillshighschool.com.au](http://www.baulkhamhillshighschool.com.au)

### Term 2

<b>Week 4</b>
<b>Monday 10 May</b> Yr 9 Commerce excursion – Police & Justice Museum & NSW Parliament (Mogoko) Yr 9&10 Mural for a Day (Pugliano).
<b>Tuesday 11 May</b> NAPLAN Day – 11 May to 13 May (inclusive) P&C Exec Committee meeting 7.30pm Yr 10, 11 & 12 MacqU talk - lunchtime (Hardy) Year 7/Prefect Wellbeing activities – Pds 5-8 Duke of Ed meeting Lunchtime (Iaconis)
<b>Wednesday 12 May</b> HillsZone Cross Country. All Day (Filewood)
<b>Thursday, 13 May</b> Yr 10, 11 & 12 USyd talk. Lunchtime (Hardy) Yrs 9-12 Music Encore Streaming HSC. Pds 1-6 (Kim) Choir Rehearsals, every Thursday 7.30-8.30am G14 (Li)
<b>Friday 14 May</b> NAPLAN Day 4 Catch up day Yr 10 Science -Depth Study Test – in class (Harwood) Yr 7 & PSL Peer Support Session Pd 8 (Iaconis) Yr 7-11 Dance Ensemble. Pds 1-6 (Pugliano) Cadets Mandatory Youth Safety Course – Lunchtime Upper TLC
<b>Week 5</b>
<b>Monday, 17 May</b> Yr 10, 11 & 12 Paul Dillon Presentation
<b>Tuesday, 18 May</b> Yr 11 Minimum Standards Testing. Pds 1-6 (Simmons) UNSW Co-op Lunch talk (Hardy) UNSW General Lunch talk (Hardy)
<b>Thursday, 20 May</b> Yr 7 History End of Course Exam (Thurlow) Choir Rehearsals, every Thursday 7.30-8.30am G14 (Li).
<b>Friday 21 May</b> Yr 11 Biology – Sydney Olympic Park Excursion
<b>Week 6</b>
<b>Monday 24 May</b> Yr 10 – half yearly exams (24-28 May incl) Yr 7 – half yearly exams. (24-28 May incl)
<b>Tuesday 25 May</b> P&C General Meeting 7.30pm Yr 11 Physics Practical Task. Pds 3-6 (Mudaliar) Yr 10, 11 & 12 UTS talk - lunchtime (Hardy) Yr 11&12 Japan Foundation Visit
<b>Wednesday 26 May</b> Yr 12 HSC "A Doll's House" symposium. Pds 1-7. Seymour Centre
<b>Thursday, 27 May</b> Year 8 Musica Viva. Pds 7&8 (Li) Prefect afternoon tea (after school) Kite Choir Rehearsals, every Thursday 7.30-8.30am G14 (Li)
<b>Friday 28 May</b> Year 12 Business Studies HSC Conference. Pds 1-8. (Mogoko) Year 12 SDD Assessment Task 3 – in class submissions. Pds 5&6
<b>Week 7</b>
<b>Monday 31 May</b> Yr 10 – half yearly exams (24-28 May incl) Yr 7 – half yearly exams. (24-28 May incl)
<b>Tuesday 1 June</b> SRC + Support – Aboriginal Darug Culture Excursion (Simpson) P&C General Meeting 7.30pm Yr 10, 11 & 12 UTS talk - lunchtime (Hardy)
<b>Wednesday 2 June</b> Yr 12 HSC "A Doll's House" symposium. Pds 1-7. Seymour Centre
<b>Thursday, 3 June</b> Year 8 Musica Viva. Pds 7&8 (Li) Prefect afternoon tea (after school) Kite Choir Rehearsals, every Thursday 7.30-8.30am G14 (Li)
<b>Friday 4 June</b> Year 12 Business Studies HSC Conference. Pds 1-8. (Mogoko) Year 12 SDD Assessment Task 3 – in class submissions. Pds 5&6

will be sent home and should not return until they have received a negative test result and are symptom-free. In circumstances where children have other medical reasons for recurrent symptoms a letter from their GP is sufficient to negate the requirement for a negative test. Students over the age of 12 and staff must comply with the [Public Health \(COVID-19 Mandatory Face Coverings\) Order 2021](#) when travelling to and from school and during school excursions by public transport or by chartered or private transport services. Please see later in the newsletter for fully updated DoE restrictions.

Our Cadets have returned from **Camp Timberwolf**. Thank you to school and cadet staff for their commitment in both organising and supporting this event for our students. Our school is again involved in **"Relay For Life"** this Saturday 15 May at Castle Hill Showground. Thank you to Mrs Greenlees for heading our school's involvement in this event. Congratulations to our **Table Tennis** representatives who achieved terrific results at the recent Met West KO Gala Day.

Ziaa Zorabi (Year 11) has recently been selected by **UN Youth Australia** as 1 of 25 Australian diplomats for the Young Diplomats Tour 2021. Ziaa will engage with UN representatives, politicians, diplomats, embassies, NGOs and other organisations. Congratulations Ziaa.

**Wayne Humphreys**  
Principal

# Baulko News

## Study Space

A reminder that Study Space is available for use and support of all students. It is in B12 on Tuesdays and Thursdays at lunch time. There is always a teacher and 2 specifically selected Year 12 students to help work through any questions about work, assignments or study tips.

### Exams are fast approaching

**Yr 10 are in Week 5**

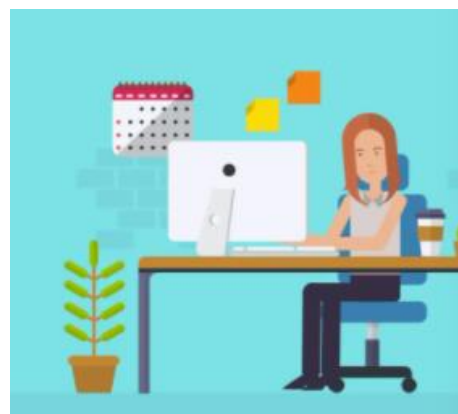
**Yr 7-9 are in Week 6**

Students should have their study notes prepared as they cover the content in class and be revising them regularly (don't leave it to the last minute to prepare your notes and try to study as well)

Next step, look for some questions to do around the content or skills, these are often in the textbook. If not, ask your teacher for some sources. By doing these extra questions it will help you identify if you have understood your work. Just reading your notes is not enough to maximise your marks.

Being organised and persevering will result in well deserved results.

L Greenlees  
Rel DP



## TERM 2&3 REC SPORT FEES OVERDUE

*Fees are due NOW*

<b>Anytime Fitness</b>	<b>\$144</b>
<b>Rock Climbing</b>	<b>\$270</b>
<b>Peak Pursuits</b>	<b>\$270</b>
<b>Tennis</b>	<b>\$235</b>
<b>Basketball</b>	<b>\$240</b>
<b>Table Tennis</b>	<b>\$240</b>
<b>Futsal</b>	<b>\$235</b>
<b>Squash</b>	<b>\$144</b>
<b>Yoga</b>	<b>\$20</b>
<b>Chess Club</b>	<b>No Cost</b>
<b>Theatre Sports</b>	<b>No Cost</b>
<b>Walking</b>	<b>No Cost</b>
<b>Run Fit</b>	<b>No Cost</b>

## Sydney West Table Tennis Competition

William Huang, Alan Li, Stephen Liu, Derry Song and Ray Zhang were in great shape at the Sydney West Table Tennis Competition and played phenomenally last Monday, managing to clean sweep all of their matches. Each game was best of 3 sets, with 4 single and 3 doubles games lined up. The first team to win 4 games against the opposing school team were the winners of that match up.

Our students did incredibly well and managed to beat every team 4-0 on the day. We ultimately faced James Ruse in the finals after beating them in the preliminary rounds and again they were no match against our Baulko students. There were some close matchups on the day with the 1st seeds but in terms of individual strength and team composition the Baulko team were the most balanced of all the competitors.

We are very proud of what the students have managed to accomplish and look forward to seeing them achieve new heights in the future.

Simon Li



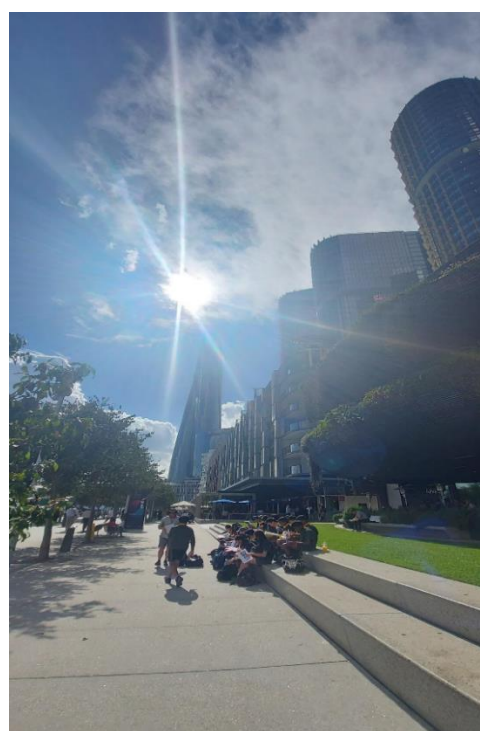
### Year 9 Geography

#### BARANGAROO FIELDWORK

On Friday, 30 April, our four year 9 Geography semester #1 classes visited Barangaroo & studied the urban dynamics of renewal & consolidation that has taken place in this new Sydney suburb.

Our classes toured the different areas of Barangaroo including the commercial & entertainment precinct, the parklands & the surrounding area of Millers Point. Fieldwork on the day including mapping, surveys & measurements which addressed aspects of liveability & sustainability in this very modern & world class area.

Thanks to Glen & Austin & the team from Observatory Hill Environmental Education Centre for all their work in preparation & on the day.



## 2021 National Assessment Program Literacy and Numeracy (NAPLAN)

Tuesday 11 May to Friday 14 May will see students from Years 7 and 9 across Australia take part in the testing for the National Assessment Program – Literacy and Numeracy.

The NAPLAN test is another way of finding out what students can and cannot do, so that future programs can help them. It should be noted that there is no pass/fail mark in the tests, the NAPLAN tests is purely an indication of what an individual student can do.

As the test is marked mainly by computer the test must be completed using a pencil and an eraser, under no circumstances should a student use pens or liquid paper. We advise students to bring to the exam:

- at least two sharpened 2B pencils, not mechanical pencils such as *Pacers*
- a pencil sharpener, with something to collect the shavings in
- an eraser
- a calculator for the Numeracy Test
- some quiet activity to go on with if they should finish early, all other equipment for the test will be supplied.

The program of events for NAPLAN is as follows:

### Tuesday 11 May

Year 7	Year 9
<b>Roll Call:</b> Students attend Roll Call as usual	<b>Roll Call to 11:06 a.m.:</b> Students attend Roll Call to Period 3 as usual
<b>Conclusion of Roll Call:</b> Students to proceed to the Houliston Centre	<b>Conclusion of Period 3:</b> Students to proceed to the Houliston Centre
<b>9:00 a.m. to 9:50 a.m.:</b> Language Conventions Test	<b>11:15 a.m. to 12:05 p.m.:</b> Language Conventions Test
<b>9:50 a.m. to 10:10 a.m.:</b> Break	<b>12:05 p.m. to 12:25 p.m.:</b> Break
<b>10:10 a.m. to 10:55 a.m.:</b> Writing Test	<b>12:25 p.m. to 1:10 p.m.:</b> Writing Test
<b>10:55 a.m. to 11:06 a.m.:</b> Recess	<b>Periods 7 to 8:</b> Students attend normal lessons
<b>Periods 4 to 8:</b> Students attend normal lessons	

### Wednesday 12 May

Year 7	Year 9
<b>Roll Call:</b> Students attend Roll Call as usual	<b>Roll Call to 10:14 a.m.:</b> Students attend Roll Call to Period 2 as usual
<b>Conclusion of Roll Call:</b> Students to proceed to the Houliston Centre	<b>Conclusion of Recess:</b> Students to proceed to the Houliston Centre
<b>8:49 a.m. to 9:59 a.m.:</b> Reading Test	<b>10:18 a.m. to 11:28 a.m.:</b> Reading Test
<b>Periods 3 to 8:</b> Students attend normal lessons	<b>Periods 5 to Sport:</b> Students attend normal lessons

### Thursday 13 May

Year 7	Year 9
<b>Roll Call:</b> Students attend Roll Call as usual	<b>Roll Call to 10:26 a.m.:</b> Students attend Roll Call to Period 2 as usual
<b>Conclusion of Roll Call:</b> Students to proceed to the Houliston Centre	<b>Conclusion of Recess:</b> Students to proceed to the Houliston Centre
<b>8:55 a.m. to 10:05 a.m.:</b> Numeracy Test	<b>10:35 a.m. to 11:45 a.m.:</b> Numeracy Test
<b>Periods 3 to 8:</b> Students attend normal lessons	<b>Periods 5 to 8:</b> Students attend normal lessons

During the breaks students may go to the canteen or the toilet, otherwise they are to remain in the COLA area next to the canteen or on the grassed area next to the Houliston Centre.



### Friday 14 May

Friday is a catch up day for any student who was absent for **one** of the previous three days.

Students who have to catch up an exam should make their way to the Houlston Centre **at the start of Period 1** where the organisation of the day will be explained to them.

**NOTE:** Students who were absent for **more than one** of the previous three days will **NOT** be required to sit a catch up exam.

## NAPLAN on paper – information for parents and carers



2021

### Your child will do the NAPLAN tests on paper

Federal, state and territory education ministers agreed that all schools will gradually transition from the current paper-based NAPLAN to NAPLAN Online in order to provide a better and more precise assessment that is more engaging for students.

State and territory education authorities will determine when their schools move online. The current plan is for all schools to transition to NAPLAN Online by 2022.

### Why do students do NAPLAN?

The National Assessment Program – Literacy and Numeracy (NAPLAN) assesses literacy and numeracy skills that are essential for every child to progress through school and life.

Students in Years 3, 5, 7 and 9 participate in the annual NAPLAN tests in reading, writing, language conventions (spelling, grammar and punctuation) and numeracy.

The assessment provides parents and schools with an understanding of how individual students are performing at the time of the tests. NAPLAN is just one aspect of a school's assessment and reporting process – it does not replace ongoing assessments made by teachers about student performance.

NAPLAN also provides schools, education authorities and governments with information about how education programs are working and whether young Australians are achieving important educational outcomes in literacy and numeracy.

### What does NAPLAN assess?

NAPLAN assesses literacy and numeracy skills that students are learning through their regular school curriculum. All government and non-government education authorities have contributed to the development of NAPLAN materials.

Students are assessed on the same literacy and numeracy curriculum content, regardless of whether they complete the tests online or on paper. Results for both formats can be reported on the same NAPLAN assessment scale.

### What can I do to support my child?

On its own, NAPLAN is not a test that can be studied for and students are not expected to do so.

You can support your child by reassuring them that NAPLAN is just one part of their school program, and by reminding them on the day to simply do their best.

ACARA does not recommend excessive preparation for NAPLAN or the use of services by coaching providers.

Teachers will ensure students are familiar with the types of questions in the tests and will provide appropriate support and guidance.

See examples of NAPLAN questions at [nap.edu.au/naplan](http://nap.edu.au/naplan)

### Participation in NAPLAN

All students in Years 3, 5, 7 and 9 are expected to participate in the annual NAPLAN assessment. Students with disability may qualify for adjustments that reflect the support normally provided for classroom assessments. You should discuss the use of any adjustments for your child with your child's teacher.

A student with a disability that severely limits their capacity to participate in the assessment, or a student who has recently arrived in Australia and has a non-English speaking background, may be granted a formal exemption.

Your school principal and your local test administration authority can give you more information on special provisions or the process required to gain a formal exemption.





## What if my child is absent from school on NAPLAN days?

Where possible, schools may arrange for individual students who are absent at the time of testing to complete missed tests at another time during the testing week.

## How is my child's performance reported?

Individual student performance is shown on a national achievement scale for each assessment. A result at the national minimum standard indicates that the student has demonstrated the basic literacy and numeracy skills needed to participate fully in that year level.

A NAPLAN individual student report will be issued by your child's school later in the year. If you do not receive a report, you should contact your child's school.

## NAPLAN timetable

The NAPLAN assessment window starts on Tuesday 11 May and finishes on Thursday 13 May 2021.

The paper test scheduling requirements are detailed in the table below.

## How are NAPLAN results used?

- Students and parents may use individual results to discuss progress with teachers.
- Teachers use results to better identify students who would benefit from greater challenges or extra support.
- Schools use results to identify strengths and areas to improve in teaching programs, and to set goals in literacy and numeracy.
- School systems use results to review programs and support offered to schools.
- The community can see average school NAPLAN results at [myschool.edu.au](https://myschool.edu.au)

## Where can I get more information?

For more information about NAPLAN:

- contact your child's school
- contact your local test administration authority at [nap.edu.au/TAA](https://nap.edu.au/TAA)
- visit [nap.edu.au](https://nap.edu.au)

To learn how ACARA handles personal information for NAPLAN, visit [nap.edu.au/naplan/privacy](https://nap.edu.au/naplan/privacy)

Paper test	Tuesday 11 May	Wednesday 12 May	Thursday 13 May
<b>Language conventions</b> This test assesses spelling, grammar and punctuation	Year 3: 45 min. Year 5: 45 min. Year 7: 45 min. Year 9: 45 min.		
<b>Writing</b> Students are provided with a 'writing stimulus' (sometimes called a 'prompt' – an idea or topic) and asked to write a response in a particular genre (narrative or persuasive writing)	Year 3: 40 min. Year 5: 40 min. Year 7: 40 min. Year 9: 40 min.		
<b>Reading</b> Students read a range of informative, imaginative and persuasive texts and answer related questions		Year 3: 45 min. Year 5: 50 min. Year 7: 65 min. Year 9: 65 min.	
<b>Numeracy</b> This test assesses number and algebra, measurement and geometry, and statistics and probability			Year 3: 45 min. Year 5: 50 min. Year 7: 65 min. Year 9: 65 min.

## Minimum Standards Testing – Yr 11



### 2021 HSC and after

To show they meet the standard, students need to:

- Achieve Level 3 or 4 in the online reading test and
- Achieve Level 3 or 4 in the online writing test and
- Achieve Level 3 or 4 in the online numeracy test.

There are three 45 minute online tests:

- an adaptive, multiple choice reading test
- an adaptive, multiple choice numeracy test
- a test for writing based on a written or visual prompt

The online tests will be administered by schools under supervision, using a lockdown browser.

**Yr 11 will attempt their tasks on the 18<sup>th</sup> May in the Houlston Centre P 1-6**

Only students who meet the HSC minimum standard will receive a Higher School Certificate testamur.

- Laptops need to be fully charged and functional for the test.
- Further student instructions will be given at school. Please ensure that they are completed to enable students to complete the task on the day.

with thanks for your help

L. Greenlees

Rel. DP

## Wellbeing News:

### Online Workshops for Parents to Support Student Wellbeing

I am excited to announce that parents of Baulkham Hills High School have **exclusive, free access** to **Elevate Education's Parent Webinar Series for Term 2, 2021**. Elevate works with our students, delivering high impact workshops on study skills, motivation, wellbeing, and exam preparation. By tuning into their webinar series you will learn how to better support your children at home through reinforcing the skills they learn at school.

The webinars take place fortnightly across the term, beginning on **Wednesday, 5 May at 7pm** (AEST). Registration is essential and is **free** for parents of Baulkham Hills High School.

Register at the following link:

<https://get.elevatecoaching.info/au/register>

The Term 2 Webinar Workshops are as follows:

- **May 5 - Time Management** techniques to align the family expectations on homework and achieve school-life balance.
- **May 19 - Memory and effective revision**. Why rote learning is ineffective and our top strategies for effective revision.
- **June 2 - Exam Preparation** to ensure students are prepared and confident going into the exam room.
- **June 16 - Stress and Wellbeing**. How parents can support their child in tougher periods and manage school-related stress.

Webinars are run live online from 7pm to 8pm (AEST) where the presenter will share Elevate's research findings and skills, and will conduct a live Q&A so you can ask them questions directly.

Should you have questions or would like to contact Elevate directly, their details are listed below.

☎ [1300 667 945](tel:1300667945) or ✉ [auscoaching@elevateeducation.com](mailto:auscoaching@elevateeducation.com)

Similarly, if you have any questions, please feel free to contact me on: [Terryanne.fletcher1@det.nsw.edu.au](mailto:Terryanne.fletcher1@det.nsw.edu.au)

I very much hope you are able to virtually attend some of these workshops, as they will provide essential support information and better equip you for supporting your child's wellbeing.

Kindest Regards

Terryanne Fletcher  
Head Teacher Wellbeing  
[Terryanne.fletcher1@det.nsw.edu.au](mailto:Terryanne.fletcher1@det.nsw.edu.au)



## Paul Dillion Seminars

**Monday 17<sup>th</sup> May**

### **Paul Dillon – Drug and Alcohol Research Training Australia (DARTA)**

Paul Dillon has been working in the area of drug education for more than 25 years. Through his own business, Drug and Alcohol Research and Training Australia (DARTA) he has been contracted by many organisations to give regular updates on current drug trends. He continues to work with many school communities across the country to ensure that they have access to good quality information and best practice drug education. In 2009 his best-selling book for parents was published titled '[Teenagers, Alcohol and Drugs](#)' and has since been released internationally, being translated into a number of languages. With a broad knowledge of a range of content areas, Paul regularly appears in the media and is regarded as a key social commentator, with interviews on television programs such as Sunrise, TODAY and The Project

On Monday, 17 May, Paul will be presenting a series of 3 seminars to Yrs 10, 11 and 12 throughout the day and a presentation to staff in the afternoon on Drugs and Alcohol and the impact on young people.

Periods 1-3- Yr 10

Periods 4-6 -Yr 11

Lunch, P7-8 - Yr 12



Interested in writing and science here is a competition for you

[https://careerswithstem.com.au/bragg-student-science-prize-2/?utm\\_source=Refraction+Media&utm\\_campaign=8b6f7ca6bf-EMAIL\\_CAMPAIGN\\_2018\\_04\\_04\\_COPY\\_01&utm\\_medium=email&utm\\_term=0\\_20dc88b9ea-8b6f7ca6bf-148757961&mc\\_cid=8b6f7ca6bf&mc\\_eid=29252fcee](https://careerswithstem.com.au/bragg-student-science-prize-2/?utm_source=Refraction+Media&utm_campaign=8b6f7ca6bf-EMAIL_CAMPAIGN_2018_04_04_COPY_01&utm_medium=email&utm_term=0_20dc88b9ea-8b6f7ca6bf-148757961&mc_cid=8b6f7ca6bf&mc_eid=29252fcee)



## UNSW Bragg Student Prize for Science Writing

The UNSW Bragg Student Prize for Science Writing is a competition for Year 7-10 students in Australia.

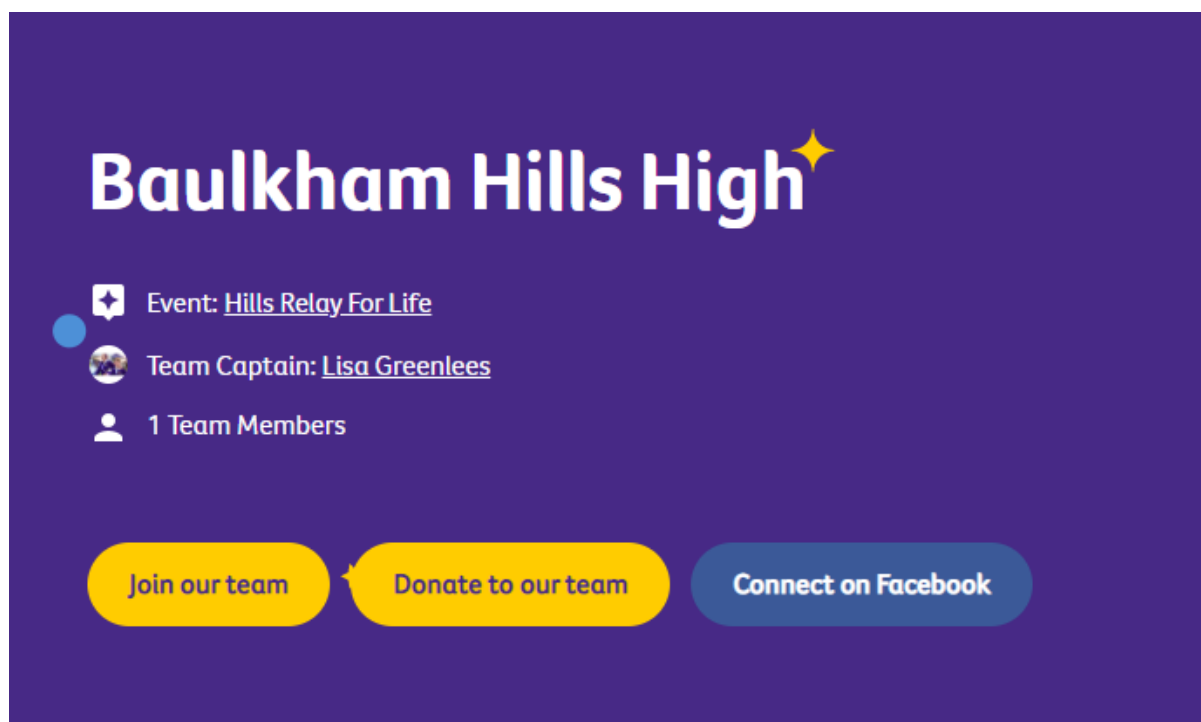
### Topic: The STEM in Everyday Life

Science, technology, engineering and maths is part of everything around us, from our response to the pandemic, to the tech we use for play. Mobile phones, traffic lights and TikTok, your food, health, the climate, the built environment and the natural world around you – STEM has had a part to play in understanding, refining and creating so much of the world we take for granted everyday.

Relay for Life  
May 15 – 3 to 8 pm

Register for the event and join our school team

<https://www.cancercouncil.org.au/relayforlife/teams/ei00213415/>



**Baulkham Hills High** ✨

Event: [Hills Relay For Life](#)

Team Captain: [Lisa Greenlees](#)

1 Team Members

Join our team   Donate to our team   Connect on Facebook

**Classroom code : bj4b313**

Permission note and more information about the event is here. If you cannot go then you can still be part of the team by registering help organise events that will happen at school.



## Happy Miles Chinese Language School Welcome More Students

千里中文学校持续招生



We invite you to join our weekend Chinese classes at Baulkham Hills High School. As a DET guided and supported community language school, we endeavor to provide quality teaching and learning opportunities.

**Special note: we offer free trial lessons to BHHS students on Saturdays and Sundays by appointment. Our preferred time is 4:20pm on Saturdays or 2pm on Sundays according to the number of attendees.**

Our classes open on Saturdays, Sundays, and Wednesdays, while the main class is on Saturday at 2-4pm, we need more students for Sunday class. Students can enroll at any time throughout the school terms. For inquiries, please email [cllau9@gmail.com](mailto:cllau9@gmail.com) or text **0403816959**.

Our teacher Sun Lao Shi has a BA degree in Chinese and Postgraduate Diploma in Education. Our teacher Du Lao Shi has a Master of Teaching in Early Childhood. Both have Community Language Teaching Certificates and over 10 years of teaching experience. All of our teachers and volunteers have undergone the Working with Children Check.

千里中文学校是教育部管理和支持下的社区中文学校。我们主要的两位老师有中文和教育专业的学历，也有丰富的教中文的经验。

主要教室地址：Baulkham Hills High School. 也提供网课。

主要上课时间：周六2-4:30pm。周日需要新生。Weekday 下午可按需求开班。

这学期我们专门为BHHS学生提供周六周日下午两天的试课活动，详情见上文。

# MEDICAL RESEARCH SCHOOL QUIZ



1<sup>st</sup> May to 1<sup>st</sup> July 2021



Open to Year 7 – 12 students

**Great prizes to be won!**

30 multiple choice questions will test your knowledge and inspire your imagination (+ one bonus question)

Enter online @ [asmr.org.au/asmr-mrw/asmr-mrw-schools-quiz/](https://www.asmr.org.au/asmr-mrw/asmr-mrw-schools-quiz/)



<https://www.facebook.com/theASMR/>



@TheASMR1



Australian Government  
National Health and Medical Research Council

National Supporter of ASMR MRW®

The Australian Society for Medical Research ACN 000599235 - ABN 18 000 599 235 Level 7, 37 Bligh Street, Sydney, 2000  
Ph: (02) 9230 0333, Fax: (02) 9230 0339 Email: [asmr@asmr.org.au](mailto:asmr@asmr.org.au) Website: [www.asmr.org.au](http://www.asmr.org.au) Snr Executive Officer: Catherine West



## Career News



# REAL WORLD JOB INTERVIEW SKILLS VIDEO COURSE

Helping students perform at their best.  
From application to outfit, interview to job offer.  
For entry level job interviews & Uni interviews.



**Includes:** Bonus peer interviews with 16-24 years olds. How I got my job and other helpful info. + loads of FREE Interview preparation resources



**Includes:** Resume and Cover Letter Template Pack. How to write a resume that gets you to the interview. Step by step instructions

# 4 INTERVIEW PREPARATION MODULES

16 Videos | 4 Downloadable Workbooks | 10 Practical Tasks

## CONFIDENCE & HOW TO TALK ABOUT YOU



## FINDING STRENGTHS & WEAKNESSES



## JOB SEARCHING & HANDLING REJECTIONS



## APPLYING FOR JOBS & UNI + RESUMES

Sign in details have been emailed by Ms Hardy to Year 12

Follow us and get FREE resources at    [info@highschooltohireable.com.au](mailto:info@highschooltohireable.com.au)

HighSchooltoHireable  
BY INTERVIEW CHIX

## Careers News

### Careers News – Create Your Career Google Site

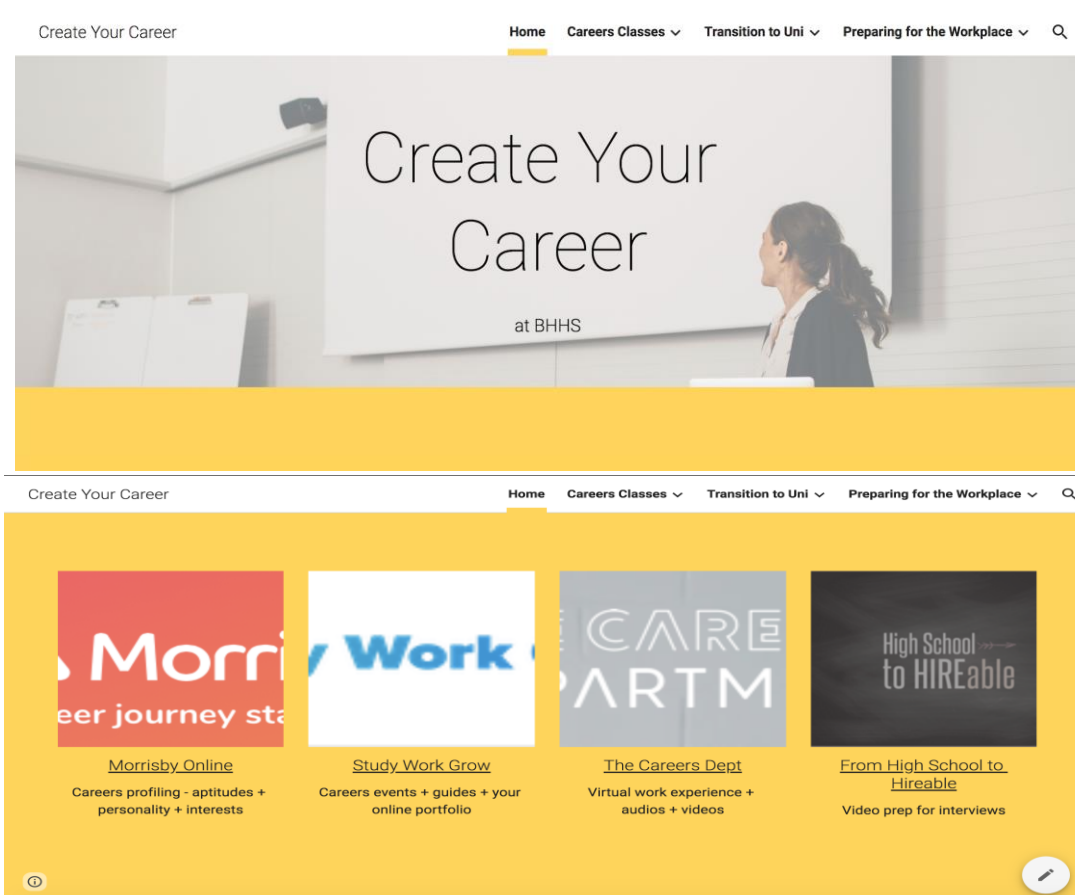
Students can access this content via their @bhhs Google accounts. To help your child with their career development process, please see this link: <https://myfuture.edu.au/assist-your-child>

From the homepage, students can access all their subscription resources:

- Morrisby Online Career Profiling (aptitudes, personality, interests)
- Career Central (Career Management software)
- Study Work Grow (guides, updates, portfolio)
- The Careers Department (virtual work experience, audios, videos)
- From High School to Hireable (coming 2021 – online interview skills course)

As well as content on Careers Classes, Transition to Uni and the Workforce, students have easy access to useful tools:

- Book a Careers appointment spreadsheet
- Careers Checklists
- Uni speakers at BHHS
- Year 12 Deadlines



Create Your Career Home Careers Classes Transition to Uni Preparing for the Workplace

## Careers

- Morrisby Online Profile
- Written Applications
- Work Experience
- Future Work Skills
- Strengths
- Subject Selection
- Open Days
- Transition to University
- Interview Skills
- World of Work

### Year 10 Careers Classes

Term 1 (Self Awareness) - Overview of Careers Education/Morrisby Online Careers Profiling/Work Experience/CV Writing

Students are introduced to resources and opportunities available to them (Google Classroom)

Create Your Career Home Careers Classes Transition to Uni Preparing for the Workplace

## Transition to

- Finding a uni course
- Open Days
- Studying in NSW (UAC)
- Studying interstate
- Studying overseas
- Scholarships
- How to pay for uni
- Elite Athletes/Perform...
- Tips for Transition

### Transition to uni tips for Year 12 – things you may not know!

<https://sites.google.com/bhhs.com.au/create-your-career-at-bhhs/transition-to-uni>

Create Your Career Home Careers Classes Transition to Uni Preparing for the Workplace

## Preparing for the Workplace

- Portfolios
- Written Applications
- Interview Skills
- Work Experience
- Industry Info
- Labour Market Info
- Future of Work
- Entrepreneurship
- Lifelong Learning

SKILLS INTERESTS EDUCATION & TRAINING

myfuture www.myfuture.edu.au

<https://sites.google.com/bhhs.com.au/create-your-career-at-bhhs/preparing-for-the-workplace>














myfuture has a new look!

Informed by feedback from users and experts, myfuture's updated website continues to provide access to high-quality and reliable career information from official sources, but its tools and resources have been restructured to make them easier to explore. A number of new features have also been introduced, including a 'My Favourites' section, glossary terms and tips to help students uncover new information and options.

As a government-funded service, myfuture provides free online resources and tools to support students to develop self-knowledge for career decision-making.

myfuture's personalised features assist young Australians to explore how their values, interests and skills relate to a wide range of career options and vocational and higher education pathways.

-  Complete [My career profile](#) activities
-  Use [Career bullseyes](#) to learn about career pathways related to school learning areas
-  Explore over [350 occupations](#)
-  Discover higher education and vocational education and training (VET) [courses](#)
-  Access important [industry information](#), including employment prospects
-  Get tips and tricks by reading real-life [career stories](#)
-  Read [career articles](#) to discover practical information to support career exploration
-  Learn more about educational [institutions](#) and study options
-  Find out about [organisations](#), career resources, opportunities and career pathways
-  Explore resources for [teachers and career practitioners](#)
-  Begin the conversation about the world of work as a [parent or carer](#)

myfuture also offers targeted resources and professional development opportunities for those who support or influence career choices, such as teachers, career practitioners, parents and carers.

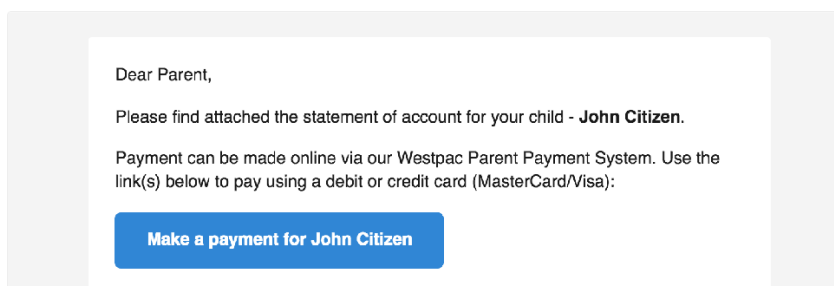
Explore the recent updates: <https://bit.ly/myfuture20>

## Statements of Account - Online Payment Guide

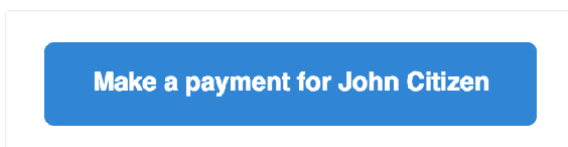
Baulkham Hills High School will be sending student statements of account & payment reminders directly to parents/caregivers via email using a system called School Bytes. These statements include a link to make secure payment online through the Westpac Parent Online Payment (POP) system (Visa & Mastercard credit/debit cards accepted).

To make an online payment for your child(ren)'s school contributions, please follow the steps below:

You will receive an email from the following email address ([noreply@mail.schoolbytes.education](mailto:noreply@mail.schoolbytes.education)) with the subject 'Student Statement of Account' or 'Payment Request'.



To make an online credit card payment, click the secure payment button in the email.



Once this button is clicked, you will be taken to a webpage on [www.parentpayments.com.au](http://www.parentpayments.com.au). On this page, you will see a list of all currently outstanding items for your child. By default, all items are selected/ticked for payment.

Parent Online Payment Portal  
Sample High School

**Student Details**

Name: CITIZEN, John  
Number: 4444444444

**Family Details**

Opening Balance: \$0.00  
Unallocated Credit: \$0.00

**School Details**

**Downloads**

Invoice Letter  
Online Payment Instructions

**Grand Total:** \$463.00

**Statement of Account for John Citizen** Content as of: 18/08/2017 04:53pm

Listed in the table below are the items currently owing on the statement of account for your child. Use the checkboxes to select what items you wish to pay at this time.

Once completed, fill out the 'Payer Details' and press 'Next' at the bottom of the page.

N.B. Payments made online can take up to 48 hours to be processed by the school and reflected on this payment page.

<input checked="" type="checkbox"/>	Date	Due	Fee Name	Amount	Paid	Balance Owing (\$)
<input checked="" type="checkbox"/>	05/04/2017		Gymnastics for Gymnastics	\$40.00	\$0.00	40.00
<input checked="" type="checkbox"/>	05/04/2017		Japanese Drum for Japanese Drumming	\$5.00	\$0.00	5.00
<input checked="" type="checkbox"/>	05/04/2017		LiteratLevy for Yr 6 Literature levy Not OC	\$18.75	\$0.00	18.75
<input checked="" type="checkbox"/>	05/04/2017		Paper for Paper Levy 2017	\$18.75	\$0.00	18.75
<input checked="" type="checkbox"/>	05/04/2017		Science-Levy for Science Levy	\$5.00	\$0.00	5.00
<input checked="" type="checkbox"/>	05/04/2017		TecLevy for Technology	\$22.50	\$0.00	22.50



If you wish to change the amount you would like to pay for an item, enter the desired amount in the number field under the 'Balance Owing' column.

To not pay for a certain item, untick the checkbox in the left-hand column of the table next to the item you wish to remove.

<input checked="" type="checkbox"/>	27/01/2017	Yr10 Technology Support	\$30.00	\$0.00	30.00
<input checked="" type="checkbox"/>	01/02/2017	Yr10 Maths - online programs	\$24.00	\$0.00	24.00

Once you have selected what items you wish to pay, enter your name, phone number and email address under 'Payer Details'. This allows the school to identify which parent/caregiver is making the payment.

Now, press the 'Next' button to be redirected to a secure Westpac site to finalise your online payment.

The screenshot shows a payment interface with a table of items. The second item, 'Mathematics Competition 27/7/17', is selected. Below the table are buttons for 'Add Tax Deductible Item' and 'Add Other Fee'. The 'Grand Total' is \$1028.00. The 'Payer Details' section includes fields for 'Your Name' (Test), 'Contact Phone Number' (0412345678), and 'Contact Email' (test@test.com). A 'Next >' button is highlighted with a red box.



Once redirected to Westpac, you will see the following screen. Enter your credit card details into the appropriate text fields on this screen. Once completed, press the 'Proceed to Confirmation' button.

## Make a Payment

Enter your payment details below. Fields marked with an asterisk ( \* ) are mandatory.

### Card Details

\* Cardholder Name

\* Credit Card Number   

\* Expiry Date  /

\* Card Verification Number (CVN)  [What is the CVN?](#)

**IF YOU REALISE YOU HAVE MADE A MISTAKE IN SELECTING WHAT ITEMS YOU WISH TO PAY ON THE PREVIOUS PAYMENT PORTAL SCREEN, PLEASE CLICK THE 'Cancel Payment' BUTTON**

You will then see a payment summary screen where you can confirm your details. When ready, press the button at the bottom of the page to confirm and make your online payment.

NOTE: To pay for another child in the family, return to the original email you received and click the payment button with the other child's name on it.

The payment button/link located within the email remains active for 12 months. This means that at any point within this time period you can use this link to see what items are currently owing for your family.

For information relating to the security & privacy of this service, please refer to the following webpage: <https://education.nsw.gov.au/content/dam/main-education/public-schools/going-to-a-public-school/media/documents/School-Bytes-Student-Privacy-Information.pdf>



### Hills Bus updated services – commencing 10 May

(Please note changes on bottom of page 25)



## School Travel Advice

For trip planning visit [www.transportnsw.info](http://www.transportnsw.info) or call 131 500.

For current Hillsbus school and route services visit [www.cdcbus.com.au](http://www.cdcbus.com.au) or call 02 8889 7000.

Conditions of Carriage: Students must have a valid Opal card and must tap on and off every trip. Further details about the SSTS are available at: [www.transportnsw.info](http://www.transportnsw.info)

Key: L> Bus turns left; R> Bus turns right

## BAULKHAM HILLS HS

Bell Times

Effective 10/05/2021

Morning: 08:40

Afternoon: 15:06

### MORNING BUSES

Route	Time	Bus Route
3103	07:00	EX CADWELLS via Porters to Kenthurst Rd opp Pitt Town Rd Transfer to Route 639 due 07:23
626	07:00	EX PENNANT HILLS STATION via Railway, R>Pennant Hills, R>Boundary, L>Victoria, R>New Line, R>Boundary, L>Francis Greenway, L>Macquarie, R>Kenburn, R>Shepherds, L>Prurchase, L>New Line, R>County, L>John, R>Franklin, R>Bradfield, R>Castle Hill Rd, L>Old Northern Rd to Castle Hill Station (07:41), Transfer to Route 8018 (due 07:47, see below)
651	07:07	EX BEECROFT STATION via Wongala, Copeland, R>York, L>Hannah, L>Cardinal, R>Copeland, R>Pennant Hills, L>Aiken, R>Taylor, Highs, L>Castle Hill, L>Old Northern, R>Castle Hill Station (07:30). Transfer to Route 8018 (due 07:47, see below)
639	07:08	EX NEICH RD BEFORE BOUNDARY RD via Pitt Town, R>Kenthurst (07:23), R>Old Northern, Oakhill College (07:40) Transfer to Route 2033 (due 07:56, see below)
3160	07:10	EX OLD PITT TOWN & TERRY RDS via Old Pitt Town, L>Nelson, u-turn Nelson & Blind, return Nelson, Nelson & Edwards (07:23), L>Edwards, L>Annangrove, R>Kenthurst, Round Corner (7.45), R>Old Northern, Oakhill College (07:55). Transfer to Route 8014 (due 08:03, see below)
600	07:12	EX PENNANT HILLS STATION via Railway, R>Pennant Hills Rd, R>Boundary, R>Francis Greenway, R>Macquarie, L>Shepherds, County, R>Castle Hill Rd, L>Old Northern Rd to Castle Hill Station (07:43), then via Old Northern Rd to opposite Baulkham Hills TAFE.
603	07:12	EX KELLYVILLE STATION via Samanatha Riley, L>Glenhaven, R>Mills, L>Carinda, L>Glenhaven, R>Old Glenhaven, L>Glenhaven R>Evans, L>Grange, R>Greenbank, via Greenbank Loop, R>Linksley, R>Ridgecrop, L>Gilbert, R>Old Northern to Oakhill College (07:55). Transfer to Route 8014 (due 08:03, see below)
638	07:14	EX ARCADIA RD AND BLACKS RD via Arcadia, R>Galston, L>Old Northern to Round Corner (07:34). Transfer to Route 637 (see below)
601	07:15	EX PARRAMATTA STATION A4 via Station, Smith, Wilde, L>Victoria, R>O'Connell, Barney, L>Church, Windsor Rd to opposite school
632	07:15	EX PENNANT HILLS STATION via Railway, R>Pennant Hills, R>Castle Hill, R>Edward Bennett, L>Neale, L>Franklin, R>Bradfield, R>Castle Hill, R>County, L>Woodgrove, L>David, R>Anglican Retirement Village, L>Old Northern, R>Castle Hill Station Stand C (07:46). Transfer to Route 600 to Old Northern Rd opp Baulkham Hills TAFE
637	07:15	EX GLENORIE via Old Northern, Round Corner (07:34), Oakhill College (07:43). Transfer to Route 8014 (due 08:03, see below)



### School Travel Advice

Route	Time	Bus Route
601	07:20	EX ROUSE HILL STATION via R>Rouse Hill Dr, L>Caddies Bld, R>Commercial, R>Withers, R>Hezlett, L>Sam Riley, R>Green, L>Showground, R>DeClambe, L>Doran, R>Carrington, L>Victoria, L>Windsor to school
2098	07:20	EX CNR GREEN RD & WRIGHTS RD via Green L>Samantha Riley, R>Foxall, L>Withers, R>Hezlett, R>Samantha Riley, L>Windsor Rd, R>Barina Downs, L>Mackillop, L>Chapel, R>St Michaels, L>Merindah, R>Windsor to Baulkham Hills HS
608	07:21	EX WINDSOR STATION via Windsor Rd, McGraths Hill (07:28), L>Tway to Rouse Hill Station (07:46). Transfer to Sydney Metro to Castle Hill Station
615X	07:29	EX STRINGER RD AFTER TIMBARRA AVE via Route 615X to Windsor Rd opposite Coronation Rd.
601	07:30	EX PARRAMATTA STATION A4 via Station, Smith, Wilde, L>Victoria, R>O'Connell, Barney, L>Church, Windsor Rd to opposite school
8009	07:30	EX SEVEN HILLS STATION STAND A via Prospect Hwy, Seven Hills Rd to Merindah Rd, then express to school
8018	07:30	EX KNIGHTSBRIDGE SHOPS via Ridgescrop (complete circuit), R>Gilbert, L>Tuckwell, R>Old Castle Hill, L>McMullen, R>Old Northern, R>Castle Hill Station Stand C (07:47), L>Crane, R>Terminus, Cecil, L>Old Northern, R>Parsonage, L>Marie, L>Excelsior, R>Roxborough Pk, L>Windsor Rd to school
2004	07:31	EX MODEL FARMS RD OPPOSITE WLLMOTT AVE via Model Farms Rd, L>Asquith, L>Junction, R>Watkins, R>Cropley, R>Seven Hills Rd, L>Jasper, L>Glanmire, R>Merindah, R>Windsor Rd to school
2007	07:34	EX CHURCHILL DR AFTER WINDSOR RD via Churchill, Caroline Chisholm, L>Voltaire, R>Lanham, L>Oakes, L>Barnetts, L>Reilys, Willmott, R>Model Farms, L>Asquith, L>Junction, R>Caroline Chisholm, R>Langdon, R>Gooden, R>Baulkham Hills Rd, R>Seven Hills Rd, L>Jasper, R>Palace, R>Windsor Rd to school
2032	07:35	EX FREEMAN ST AFTER LUCAS RD via Freeman, L>Northcott, L>Turner, R>Garden, R>Vardys, L>Capricorn, L>Parkinson, L>Sutherland, R>Keppel, L>Isaac Smith, R>Ravenhill, R>James Cook, L>Whitby, R>Joseph Banks, L>Seven Hills Rd, R>Old Windsor Rd, L>Gibbon, L>Langdon, R>Gooden, R>Baulkham Hills Rd, R>Seven Hills Rd, L>Jasper, R>Coronation, L>Windsor Rd to school
633	07:37	EX PENNANT HILLS STATION via Railway, R>Pennant Hills Rd, R>Boundary, L>Victoria, L>New Line, R>Castle Hill Rd, R>Franklin, L>Bradfield, R>Castle Hill Rd, L>Old Northern Rd to Castle Hill Station. Transfer to Route 600 to Old Northern Rd opp Baulkham Hills TAFE
2012	07:38	EX SEVEN HILLS STATION via Terminus, L>Prospect Hwy, Seven Hills Rd, L>Merindah Rd, R>Windsor Rd to school
601	07:45	EX PARRAMATTA STATION A4 via Station, Smith, Wilde, L>Victoria, R>O'Connell, Barney, L>Church, Windsor Rd to opposite school
2101	07:50	EX PARRAMATTA STATION A4 EXPRESS TO SCHOOL
2033	07:56	EX OAKHILL COLLEGE via L>Old Northern, R>Castle Hill Station Stand C (08:04), L>Crane, R>Terminus, Cecil, L>Old Northern, R>Parsonage, L>Marie, L>Excelsior, R>Roxborough Pk, L>Windsor to school
2073	07:56	EX NORBRIK T-WAY via T-way, R>Celebration, R>Brighton, R>Edgewater, Westwood, L>Bella Vista, R>Bella Vista, R>Reston, R>Barina Downs, R>Mackillop, L>Chapel, L>Merindah, R>Windsor to school
3014	07:57	EX EPPING STATION BEECROFT RD STAND F express to Windsor Rd School Bus Bay
2020	08:02	EX SEVEN HILLS RD AFTER ASTORIA PARK RD via Seven Hills, R>Merindah, R>Glanmire, R>Jasper to Palace Rd then express to opposite school
3013	08:02	EX EPPING STATION BEECROFT RD STAND F express to Windsor Rd School Bus Bay
8014	08:03	EX OAKHILL COLLEGE via Old Castle Hill, L>(2nd) First Farm, R>Lynstock, R>Old Castle Hill, L>Tuckwell, L>Britannia, R>Bounty, L>Tuckwell, L>Gilbert, L>Showground, R>Carrington, L>Middleton, L>Parsonage, R>Coolong, L>Kerrs, R>Marie (08:19), L>Excelsior, R>Roxborough Pk, L>Windsor Rd to school





### School Travel Advice

Route	Time	Bus Route
<b>AFTERNOON BUSES</b>		
Route	Time	Bus Route
2594	15:12	EX BUS BAY EXPRESS TO PARRRAMATTA INTERCHANGE
2694	15:12	EX BUS BAY EXPRESS TO PARRRAMATTA INTERCHANGE
2794	15:12	EX BUS BAY EXPRESS TO PARRRAMATTA INTERCHANGE
2606	15:15	EX BUS BAY TO CRESTWOOD & BELLA VISTA Express to Jasper Rd then via Jasper, L>Glanmire, L>Merindah, R>Peel, L>Chapel, R>Mackillop, L>Barina Downs, L>Reston, L>Bella Vista, L>Bella Vista, R>Westwood, Edgewater, L>Brighton, L>Celebration, L>T-Way to Norbrik
2531	15:17	EX BUS BAY EXPRESS TO SEVEN HILLS STATION
2551	15:17	EX BUS BAY TO WINSTON HILLS & WEST BAULKHAM HILLS via Windsor Rd, R>Churchill, L>Voltaire, R>Lanhams, R>Nestor, L>Caroline Chisholm, R>Langdon, R>Gooden, R>Tamboura North, L>Myallie, L>Cropley, L>Seven Hills, L>Baulkham Hills Rd, R>Marina, L>Seven Hills Rd, R>Merindah to Kanangra
2653	15:17	EX BUS BAY EXPRESS TO SEVEN HILLS STATION
2552	15:20	EX BUS BAY EXPRESS TO EPPING STATION
2568	15:20	EX BUS BAY EXPRESS TO EPPING STATION
600	15:20	EX OLD NORTHERN RD via Old Northern, L>Windsor, Church, R>Barney, O'Connell, L>Victoria, R>Wilde, Smith, Station, R>Argyle to Parramatta Station
2502	15:22	EX BUS BAY TO KNIGHTSBRIDGE via L>Windsor Rd, L>Chelsea, L>Old Northern Rd, R>Cecil, Terminus, L>Crane, R>Castle Hill Station Stand A, L>Old Northern Rd to Oakhill College (15:42), L>Old Castle Hill Rd, R>Tuckwell, R>Gilbert, L>Ridgecrop to end of loop
600	15:24	EX OLD NORTHERN RD via Old Northern, R>Cecil, Terminus, L>Crane, R>Castle Hill Station Stand A. Transfer to Route 660 to Castlewood (see below) and Route 651 to West Pennant Hills (see below)
8528	15:27	EX BUS BAY TO ROGANS HILL via Windsor Rd, L>Chelsea, L>Old Northern Rd to Oakhill College (15:44). Transfer to Routes 603 Glenhaven (see below).
601	15:28	EX WINDSOR RD AT CORONATION RD via Windsor, R>Victoria, R>Carrington, L>Doran, R>DeClambe, L>Showground, R>Green, L>Sam Riley, R>Hezlett, L>Withers, L>Commercial, L>Windsor, L>Tway to Rouse Hill Station
601	15:28	EX WINDSOR RD TO PARRAMATTA via Windsor, Church, R>Barney, O'Connell, L>Victoria, R>Wilde, Smith, Station, R>Argyle to Parramatta Station
2532	15:30	EX BUS BAY TO KINGS LANGLEY & SEVEN HILLS (FIRST STOP SEVEN HILLS RD & BINGARA CR) via Windsor Rd, R>Coronation, L>Jasper, R>Seven Hills Rd, R>Joseph Banks, R>Whitby, R>James Cook, L>Ravenhill, L>Isaac Smith, R>Keppel, L>Sutherland, R>Parkinson, L>Capricorn, R>Whitby, L>Vardys, R>Johnson, R>Prospect Hwy to Seven Hills Station
651	15:45	EX CASTLE HILL STATION STAND A via L>Old Northern, R>Castle Hill, R>Highs, R>Highs, Taylor, L>Aiken, R>Pennant Hills, L>Copeland, L>Cardinal, R>Hannah, R>Wongala to Beecroft Station
603	15:54	EX OAKHILL COLLEGE WESTERN SIDE TO GLENHAVEN & ROUSE HILL via Old Northern, L>Gilbert, R>2nd Ridgecrop, L>Linksley, L>Greenbank loop, L>Greenbank, L>Grange, R>Evans, L>Glenhaven, R>Old Glenhaven, L>Glenhaven, R>Carinda, Mills, L>Glenhaven, R>Sam Riley to Kellyville Station, then L>Sam Riley, Newbury, R>Perfection, R>Merriville, L>Tway to Rouse Hill Station
660	16:16	EX CASTLE HILL STATION STAND C via Route 660 to Castlewood Estate

**Please note Route 8526 is being discontinued  
Route 2606 will be amended to operate via Route 8526's path to Chapel Ln**



## COVID-19 Updates as of 9 May 2021 -Key changes and announcements

The following precautionary restrictions will remain in place for the Greater Sydney region (including Wollongong, Central Coast and Blue Mountains) until 12:01AM Monday 17 May 2021:

- Students over the age of 12 and staff must comply with the Public Health (COVID-19 Mandatory Face Coverings) Order 2021 when travelling to and from school and during school excursions by public transport or by chartered or private transport services. Refer to the NSW Government website for more information on wearing face masks
- Staff and students are not required to wear a face mask while at school. Anyone who wishes to wear their own masks in schools will not be prevented from doing so
- Wearing a face mask is not mandatory for parents and carers visiting schools
- Events and gatherings on school sites, such as Iftar and other performances, productions, concerts, speech nights and award presentations are permitted. All attendees, including students, staff and visitors, including parents and carers, must be well and free of any flu-like symptoms. A COVID-19 Safety Plan is required if the event is held indoors with more than 100 external visitors or held outdoors with more than 200 external visitors
- Singing by audiences is to be avoided. If students are performing in a choir that schools ensure there is a minimum of 5 metres between the choir and audience members

## Symptoms of COVID-19

### Symptoms of COVID-19 include

- Fever (37.5 ° or higher)
- cough
- sore/scratchy throat
- shortness of breath
- loss of smell or
- loss of taste

### Other reported symptoms include

- fatigue
- runny nose
- muscle pain
- joint pain
- headache
- diarrhoea
- nausea/vomiting
- loss of appetite

### When COVID-19 symptoms appear

The amount of time between exposure to the virus and the first appearance of symptoms is usually 5 to 6 days, although it may range from 2 to 14 days.

People who might have been in contact with someone who is confirmed to have COVID-19 should [self-isolate](#) for 14 days.

