

Baulkham Hills High Newsletter



www.baulkhamhillshighschool.com.au



Channel 7 Sunrise – The Push Up Challenge

From the principal's desk:

The school hosted the **Channel 7 Sunrise** program on Monday 16 May in support of the **Push Up Challenge** (<https://www.thepushupchallenge.com.au/>). Thank you to all our students, particularly to those who had "starring" roles – PUC ambassadors **Aathan Arunaharan and Angelina Martin**, BHHS 2021 alumni Chapman Tai, and the String Quartet. Thanks to SRC for their breakfast BBQing skills.

Year 11 and Year 12 have returned from very wet camps. Thank you again to staff who attended for giving up their time to attend and ensure these camps can be offered for our students. These camps form part of the school's strategy to support the mental health and wellbeing of our students.

Congratulations to **Radhika Valanju** (Year 12) for her leadership as co-chair of the **HAPYUS Health Advisory Panel** at the University of Sydney. This group of Australian high school students have published an essay in one of the leading medical

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Website Link: <http://www.baulkhamhillshighschool.com.au>

APPLICATION FOR EXTENDED LEAVE (3 DAYS OR MORE)

Pick up an Application for Extended Leave – Travel Form from the office if you are going on leave for 3 days or more. This needs to be approved by the Principal



Calendar 2022

This calendar is subject to change so please check carefully each week for any alterations. A whole year calendar is on the school website at www.baulkhamhillshighschool.com.au

Term 2

Week 4
Monday 16 May NAPLAN Year 9 Language Conventions NAPLAN Year 7 Numeracy
Tuesday 17 May NAPLAN Year 9 Numeracy Y12 Biology Depth Study Excursion Y8 Geography – Landscapes and Landforms Excursions
Wednesday 18 May
Thursday 19 May NAPLAN Catch up day Australian Museum Excursion SRC Market Day
Friday 20 May Y8 Geography Task 2
Week 5
Monday 23 May Y7 and Y10 Assessment Week (Half Yearly Exams) 23/5 to 27/5 incl. Paul Dillon Presentations
Tuesday 24 May
Wednesday 25 May Hills Zone Cross Country
Thursday 26 May Y11 English Excursion to Othello at Riverside Theatre
Friday 27 May Y8 and Y9 Assessment Week (Half Yearly Exams) 27/5 to 6/6 incl. Prefect Afternoon Tea Band Concert in TLC
Week 6
Monday 30 May Y8 and Y9 Assessment Week (Half Yearly Exams) 27/5 to 6/6 incl.
Tuesday 31 May Y10 Excursion to Macbeth
Wednesday 1 June
Thursday 2 June Y11 English Excursion to Othello at Riverside Theatre Charlie and the Chocolate Factory Musical Excursion - Support
Friday 3 June Y11 Biology 2022 Depth Study Excursion
Week 7
Monday 6 June Year 8 and 9 Assessment Week – Half Yearly Exams 27/5 to 6/6 incl.
Tuesday 7 June
Wednesday 8 June Y11 and Y12 Parent Teacher Night UNSW Mathematics Competition
Thursday 9 June
Friday 10 June Biennale 2022 – CAPA Relay for
Week 8
Monday 13 June – QUEENS BIRTHDAY PUBLIC HOLIDAY
Tuesday 14 June
Wednesday 15 June Year 8 Camp – Tea Gardens 15/6 to 17/6 incl. APSMO – Aust Problem Solving Mathematics Olympiad 15/6-17/6
Thursday 16 June
Friday 17 June

publications in the world, speaking up on what they believe are the most serious health challenges affecting the well-being of their generation. See

<https://www.sydney.edu.au/news-opinion/news/2022/05/02/youth-outline-top-health-concerns-on-scientific-stage.html> and <https://www.smh.com.au/national/nsw/left-to-our-own-devices-lockdown-kids-got-two-years-of-screens-influencers-and-junk-food-ads-20220429-p5ah65.html> for the full story.

Students in Years 9 and 10 recently performed in the **Shakespeare Carnival** at school in front of all of year 8 and year 10. Of these students, two groups were selected to compete at the Regional Shakespeare Carnival. In the Group Devised category **Wolf Kumaran-Eriksson, Michael Sun, Leo Cui, Risith Senaratne and Hywel Gan** constructed a critical and comedic interrogation of Romeo and Juliet, placing third for their excellent performance. In the duologue category, **Georgios Anastasiadis and Frederick Tay** performed an emotionally powerful rendition of the murder of Desdemona from Othello. They finished first in their category and will now representing the school in the State finals in June.

NAPLAN continues for Years 7 & 9. Please ensure students have all required equipment. A reminder that if your student is sick (especially with COVID-like symptoms) they should not attend school.

Wayne Humphreys
Principal

Baulko News

Push Up Challenge Photos - Channel 7 Sunrise



Band News

With only two rehearsals left before the upcoming performance, please make your very best effort to attend every rehearsal.

Families and friends are invited to watch the Concert on Sunday May 29th from 4:00pm. As we are expecting a large audience, the venue will now be changed to the **Houliston Centre**.

Please bring a plate to share at intermission.

We also require a couple more parent volunteers from our band community to assist in the afternoon. We would like a photographer and someone to video the performances. We also need additional stage hands to help position seating in between the bands performing. If you are able to help out please contact band admin bhhsbandcom@gmail.com ASAP.

Band Committee

The School Band program is organised by a group of parent volunteers in conjunction with the School music Dept and Mrs Julie Kim. We are now seeking some new members to join. There are varying roles with different time commitments. Many hands make light work. If you can assist enquire at bhhsbandcom@gmail.com. The band program is not able to function without this very important group.

Big Band

There are some remaining positions left to join the Big band for this year. This is a wonderful opportunity to play a jazz style of music and experience soloing and develop improvisation skills. Players need to be playing around Grade 5 level.

- trombone
- bass guitar
- tenor sax
- baritone sax (available to hire from school at no charge). Alto or Tenor players are easily able to transition over

The Big Band rehearses on Wednesday mornings at 7:20am with our new Conductor, Mr Jack Stoneham.

If you are not already in our band program you are also welcome to apply. Email the band admin with your interest and experience/ background. This year the Big Band will be looking to do a gig with Sunday afternoon jazz. A "combo" workshop is also being planned with basics of improvisation being taught. Join now and don't miss out!

To hear what a bari sounds like, check this out [Baritone sax Improv](#).

SAVE THE DATE:

Concert Band (Dr Madrid) July 24th ASBOF Sydney Conservatorium.

The Band Committee



European Girls' Mathematical Olympiad 2022

At the end of term 1 and over the school holidays, Cloris Xu and Iris Xu of Year 10 prepared for and competed in the 2022 European Girls' Mathematical Olympiad (EGMO), an international mathematics competition for young women. This is the fifth year that Australia will be represented.

Along with Grace Chang Yuan in Year 12 from Victoria's Methodist Ladies' College, and Eunsu Choi in Year 11 from Queensland's Brisbane State High School, the team of four young women were selected and mentored by the Australian Maths Trust's (AMT) mathematical Olympiad program and was supported by the AMT throughout the virtual event. Australia's performance at EGMO has improved over the first 4 years (2018 – 2021), placing 20th, 14th, 12th and 12th in respective years.

This is the fifth year that the team was led by Thanom Shaw (an ex-Baulko student), who has been the Australian EGMO Team Leader since Australia's inaugural team joined the Olympiad in 2018. She says that Australia's commitment to participating at the EGMO has resulted in expanded programs and increased participation by girls in problem-solving at the highest levels.

"In the last 4 years we have had 11 girls represent Australia from 5 different states/territories and not only have they performed exceptionally on the international stage at EGMO, but they have all embarked on further study in STEM fields both abroad and within Australia. As outstanding females in what is still a male-dominated field, they are key to shaping the future of Mathematics and STEM." (To read more, visit <https://www.amt.edu.au/news/2022-australian-egmo> and for official results, visit <https://www.egmo.org/>.)

The Australian team has done extremely well in EGMO 2022. Of a series of 6 problems worth 7 points each, Cloris and Iris each achieved full marks for 4 out of the 6 problems. In total, Cloris scored 32 points and Iris scored 29 points, placing them 12th and 20th respectively out of 222 contestants, and of the 57 teams who participated this year, the Australian team placed 3rd overall, a tremendous achievement by the girls indeed.

From all of us here at Baulko, thank you for representing the school, NSW, and Australia in this prestigious Olympiad. A huge congratulations to you both for your continued excellence and dedication in the field of mathematics. We are eager to see what lies ahead for you both and we wish you all the best for all your future mathematical endeavours.

Mr A. Mak
Relieving Head Teacher Mathematics



Science Communication Success – Year 12 Student featured in SMH/on Sunrise

Dr Stephanie Partridge is an NHMRC/National Heart Foundation Early Career Research Fellow and an Accredited Practising Dietitian in the School of Health Sciences, Faculty of Medicine and Health, University of Sydney. She has expertise in digital health and multidisciplinary research and is an advocate for effective prevention of obesity and chronic diseases and her research interest is focused on reduction of risk factors in youth. She currently co-designs research with young people to find scalable, low-cost and engaging solutions to improve their eating behaviours, physical activity levels and mental wellbeing. Stephanie first connected with Baulkham Hills High School as a result of a Careers excursion that was run in 2019 at Westmead Hospital, hosted by The University of Sydney, where she ran workshops for students on Science Communication involving a competition between students at Girraween and Baulkham Hills to promote healthy eating to young people on TikTok. The winning team was from Baulkham Hills, and a student in that team (Sara Wardak, class of 2021) applied to be an intern with Stephanie in the Hungry4Science Program during her first few months of Year 11, which continued into a Youth Advisory role in early Year 12. In her first year of university, Sara has recently published co-authored her first paper in this area with Stephanie and other researchers.

Stephanie received funding to set up an official Youth Advisory Group for a 12-month period where the researchers focused on building young people's leadership, confidence and research skills and the students contributed to the research by providing a youth voice. A current Year 12 student, Radhika Valanju, applied and is the co-chair of the committee of 16 young people from across NSW. As the first task, Stephanie asked them to identify the top issues of concern for young people relating to chronic diseases and write a 200-word summary that would guide the group for the rest of the 12-months. Instead, they wrote a 2000-word essay and she decided they could try to publish it as a perspective in a scientific journal. They aimed high and sent to the Lancet Child and Adolescent Health and it was accepted as an Essay! They are among the youngest authors in this journal. The University of Sydney did a [media release](#), and the students, including Radhika were featured in a [SMH article](#) and were invited on the Sunrise program. Congratulations to Radhika for her initiative in being involved in this valuable experience and also to Sara for her commitment to this field since her first experience in Year 10. Thank you to Stephanie for her work with students at Baulkham Hills High – she has mentioned it is always a pleasure to work with students at this school.

Ms Hardy
Careers Advisor



Careers News - Term 2 2022

Year 12 Uni Applications

Year 12 have been sent a recording and PP slides of the UAC process. Uni speakers will visit in Term 2.

Year 10 Google Classroom

Year 10 have access to a specialised Google Classroom and have been emailed the code to access. All Year 10 students have access to the Morrisby Online Careers Profiling which provides university course and career suggestions ahead of subject selection.

Helping your child with their career development

To help your child with their career development process, please see this link: <https://myfuture.edu.au/assist-your-child>.

Careers Subscriptions

Years 7/8/9

Years 7/8/9 students have been emailed a code to complete the junior version of the Morrisby Profile (called Morrisby Careers).

Year 10 into 11

- Morrisby Online Career Profiling (aptitudes, personality, interests)
- Study Work Grow (guides, updates, portfolio) (parents can also sign up via code in Google Classroom)
- The Careers Department (virtual work experience, audios, videos)

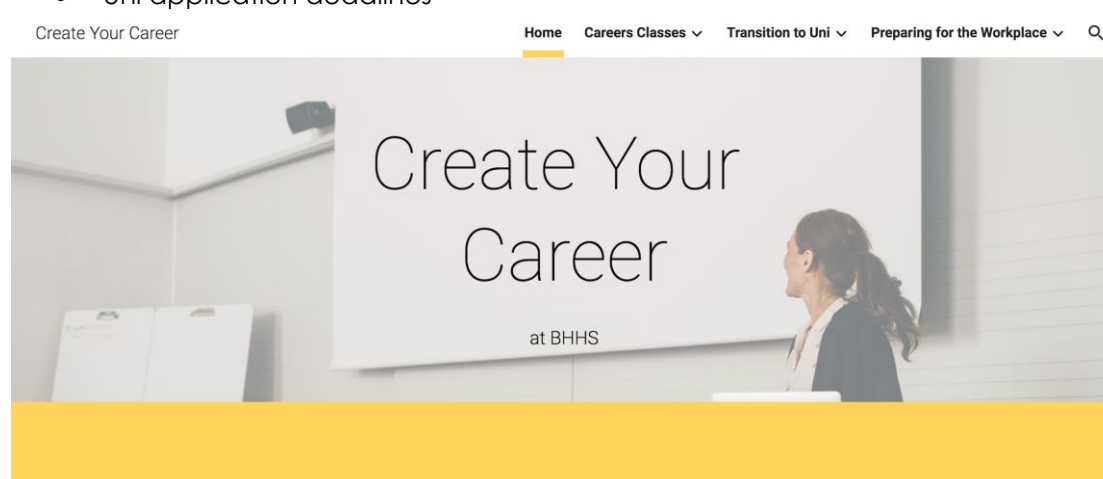
Year 12

Year 12 have access to all of the above subscriptions plus the following:

- From High School to Hireable (online interview skills course)

Google Classroom updates are posted for Year 12 including:

- Book a Careers appointment spreadsheet
- Careers Checklists
- Uni speakers at BHHS
- Uni application deadlines



Create Your Career Home Careers Classes Transition to Uni Preparing for the Workplace

Careers

- Morrisby Online Profile
- Written Applications
- Work Experience
- Future Work Skills
- Strengths
- Subject Selection
- Open Days
- Transition to University
- Interview Skills
- World of Work

Year 10 Careers Classes

Term 1 (Self Awareness) - Overview of Careers Education/Morrisby Online Careers Profiling/Work Experience/CV Writing

Students are introduced to resources and opportunities available to them (Google Classroom)

Create Your Career Home Careers Classes Transition to Uni Preparing for the Workplace

Transition to

- Finding a uni course
- Open Days
- Studying in NSW (UAC)
- Studying interstate
- Studying overseas
- Scholarships
- How to pay for uni
- Elite Athletes/Perform...
- Tips for Transition

Transition to uni tips for Year 12 – things you may not know!

<https://sites.google.com/bhhs.com.au/create-your-career-at-bhhs/transition-to-uni>

Create Your Career Home Careers Classes Transition to Uni Preparing for the Workplace

Preparing for the Workplace

- Portfolios
- Written Applications
- Interview Skills
- Work Experience
- Industry Info
- Labour Market Info
- Future of Work
- Entrepreneurship
- Lifelong Learning

myfuture

www.myfuture.edu.au

INTERESTS
SKILLS
EDUCATION & TRAINING

Bus Travel

The **bus stop on Old Northern Rd in front of Baulkham Hills TAFE** is used each afternoon by approximately 100 students. Students have the privilege and responsibility of accessing this bus stop through the TAFE. I would remind students to be very careful and considerate when using and accessing this bus stop, waiting for a bus, and moving to the kerb to get on a bus. Buses sometimes approach the stop very quickly, with the front of the bus coming over the edge of the kerb. Please always demonstrate courtesy and safety, and remember that there is always another bus. Further to this, may I please remind all students that the **wearing of masks on public transport remains compulsory** in line with NSW Department of Health Public Health Order.

COVID-19 - A reminder that **regularly updated COVID guidelines** are available at <https://education.nsw.gov.au/covid-19/advice-for-families>



FORUM FOR PARENTS

Is It 'Typical' Teen Stuff Or A *Tipping Point*?

The Hills Domestic Violence Prevention Network is proud to present a **FREE** thought provoking forum for parents of high school aged young people wanting to know more about identifying when your teenager is displaying 'typical' teen behaviour, when they need your help, and how to get them the right help.

Wednesday 25th May

Registrations from 6pm

Forum runs from 6.30pm- 8.15pm followed by a Q & A till 9pm

The Pioneer Theatre (underneath Castle Hill Library)

12-14 Pennant St, Castle Hill

FREE thought provoking forum for parents, refreshments and access to professional advice.

RSVP via Eventbrite <https://bit.ly/ParentsForum22>

For enquiries contact hillsparentforum@gmail.com



Communities
& Justice



THE HILLS
Sydney's Garden Shire

NAPLAN 2022 - Years 7 and 9 Calendar Dates

Our practice and testing schedule for NAPLAN is as follows.

Date	NAPLAN Test	Periods	Yr Group
Wednesday 11th May	Writing	Period 1 & 2	Yr9
		Period 3 & 4	Yr7
Thursday 12th May	Reading	Period 1 & 2	Yr9
		Period 3 & 4	Yr7
Friday 13th May	Conv. on language	Period 3 & 4	Yr7
Monday 16th May	Conv. on language	Period 1 & 2	Yr9
	Numeracy	Period 3 & 4	Yr7
Tuesday 17th May	Numeracy	Period 1 & 2	Yr 9
Thursday 19th May	Catchup day	All day	

If you have any questions about NAPLAN, please contact Mr Mudaliar or Mrs Robinson our NAPLAN CO-ORDINATORS.

Student pickup after school

A reminder about parking and picking up around our school in the afternoons, especially in the school bus bay, Carver Crescent, Christopher Street, Coronation Road, and Baulkham Hills TAFE areas.

Please ensure you follow all traffic rules (especially traffic lights and not parking across driveways) when you are in these areas. You could even have your student walk a little but further away from the school gate – to assist their physical health, and alleviate the heavy traffic at the end of the school day.

The Hills Shire Council will have compliance officers at various times in these locations to ensure all drivers are following required traffic rules. Further details are included elsewhere in this newsletter.

NSW Health Updates

Please follow the link below to fact sheets from NSW Health as regards the linked topics.

- Japanese encephalitis - https://www.health.nsw.gov.au/Infectious/factsheets/Pages/japanese_encephalitis.aspx
- Mosquitoes - <https://www.health.nsw.gov.au/Infectious/factsheets/Pages/mosquito.aspx>
- Japanese encephalitis virus and mosquito bite avoidance - <https://www.health.nsw.gov.au/Infectious/factsheets/Factsheets/japanese-encephalitis-questions-answered.pdf>

Lost Property on Hills Bus

Lost Property Contact Details


For enquiries about lost items, please contact the relevant depot for further information.

Alternatively, if your matter is urgent please contact Transport for NSW on 131 500.

Not sure who to contact? Visit Lost Property – Transport for NSW.

Hillsbus

 (02) 9890 0000

 customer.service@cdcbus.com.au

Symptoms of COVID-19

Symptoms of COVID-19 include:

- Fever (37.5°C or higher)
- cough
- sore/scratchy throat
- shortness of breath
- loss of smell or
- loss of taste

Other reported symptoms include:

- fatigue
- runny nose
- muscle pain
- joint pain
- headache
- diarrhoea
- nausea/vomiting
- loss of appetite

When COVID-19 symptoms appear

The amount of time between exposure to the virus and the first appearance of symptoms is usually 5 to 6 days, although it may range from 2 to 14 days.